

POETRY IN (E)MOTION

Arnaud van der Veere

*A travel of years to
move you from
happiness to tears.*

If I say I love you
Does your world accept me
With the flowers grow again
And brings your body in the mood

If I say I need you
Will you offer me your shelter?
Do you put your arms around me
Protect from bad and evil

When I say I'm coming
Will you let me in
Open all your doors
And show me all what you can offer

When I say I am going
Will you let me leave
Put no barriers along the way
Follow me on the road to go

If I say I want to listen
To your voice so sweet
All you want to tell
The deepest secrets of your life

If I say I want to be a part of you
Would you share your life with me
Let me in to be your friend
Or shut me out as alien

When I lay beside of you
What will happen
In the day
Or in the night

I want to tell you all so much
and silence only gives the answers
a smile says more than words
your dreamy eyes gives all that needs

Arnaud van der Veere

Sometimes we dream away
Sailing ships are passing by
The wings of birds are clapping
Time is no longer mine

Always in dreams we love
Perfection is never far
But how to reach
Is never told

The sun is warm and sea is blue
No sadness at all along
Smiling very strong
Keeping eyes shut very tied

A hand is felt so nice and warm
Touching on your arm
Your stomach and your head
A shiver up and down

The river takes you up the stream
Neither danger nor obstruction
Will stop this boat
It leads by love and faithfulness

Movement soft and tender
As in your arms
Sometimes you take me far away
So far I never wish to return

Arnaud van der Veere

Round and round 22-09-03 Arnaud van der Veere

Life is like a trend mill
round and round it goes
no begin nor ending
dizzy is what you get

Some goes along the ride
others jump off when speeding
and most just watch the others pass by and by
the question is watch or jump in

A ride is never without hurdles
sometimes bumpy and swift
or exiting speed downhill
slow and time-consuming when going up

But the ride is always fun
emotions plays an important role
but can you control them or just let them go
when go than who will catch you

I am on the Mary go round seeing you
you look and hesitate
shall you go or ever wait
take a change or play on safe

Time has proven the dangers much to often
jumping on can hurt you much
waiting for next round can lose the time
maybe even more so what will it be

Just close your eyes and draw your limits
do not cross your borders
and do not allow the others to do it
control yourself and be in control

I told you ones and now again
be a boss on top of it
when go is go and stop is stop
if go never feel bad over it

If stop do not hesitate
a decision is always hard
but from your heart
and be accepted by the ones you love

so never sorry but go on
we see were life will end
no tears nor sorrow
just let it flow

THE NIGHT BEFORE Arnaud van der Veere 18-09-03

It has been long ago
When time was just a word
Memories were on the making
The world was still so small

Two were holding hands
And promise of sacred life
Were not just empty phrases
The fruit of birth was in her belly

With closed eyes you oversaw the world
All good and no one harmed
No starvation and all in overload
Enough for all to come

Birth came and brought some wonderful moments
A smile of a baby is so warm
Innocence spread all around
They sat and enjoyed the growth

The leaving moment came and kid was man
Mankind was born of string
Two cells collides together
In harmony became one

When men grew up harmony has gone
All on our own we fight
Survival is the name
And nothing has been changed

Time begun when first men realized
Life is only short to go
Processions are only binding
To time and to one place

Freedom comes from inner peace
Conceived when still an egg
A sperm hunting for the goal
When reached the destiny

Life begun from nothing at all
A coincident of time and place
In or through your desire
Make love when possible

Never forget that time is limited
You only get that one change to do
Experience the forces of nature
Create and grow

A road so long ahead of me
In distance never seen
The end to far, unreachable
But eager in my heart
The burning of desire
The wish, the wanting, the need
To run to the end
To look over the edge and see
What is on the other side
Never believe the other
Trust is not for me
Running to the end
Wishing to be never seen again
Disappear for all my friends
No hiding but just running
To win and overcome
Glory is but for few
To share that little feeling
Shelter in its light
All eyes look up to me
Running away for here
Never to return
Leave nothing but a trace
A vague smell of ever been

Arnaud van der Veere

A night to remember
the day we met
the sparkles of joy
the fire of hands

A feeling of overturn
ones you've been overrun
by the feeling of love
a dream came over you

Next day you walking on clouds
nobody can harm you
no word will hurt you anymore
waiting to see you

A phone or a view
eager to hear you
waiting to long
time seems to stand still

But than a meeting takes place
both try to keep cool
but the fire is burning
and the boiling goes on

What can we do to stop the fire
to act normal too
what can we do to hide the desire
the hunger for love

Let all just go loose
and become one in your arms
no beginning no end
enjoy it forever

in the shadow the eyes are staring
carefully they look staring it is
they want so much hunger is deep
but to be careful just look no more

a burning desire so deep it hurts
wanting so hard that all seem to be lost
dreams come and go by day and by night
the image is clear and the need very bright

so what do they want
is it you ?????
Arnaud van der Veere

PILLOW NIGHT

22-06-03

Some nights I hold a pillow
whispering your name
long gone are all the memories
but still is there the pain
Death is so hard but seems so sweet
longing for the silence
but scare to meet the faith
wondering if it will be long away

But then some lights came in
bright and even blinding
so warm and yet so beautiful
it changed my view

Now I try to find the light
following the path of feelings
trying to put my arms around
but yet the light still slips away

Could it be the time
now still to early
need to wait some more
a kiss is on my lips...

Arnaud van der Veere

A place in your heart has to be won
I did fight for that place
and now I know a little part is mine
but a question still stays
did I get a little part in your dreams
just a tiny part a play not important
but at least I do appear
if that is the fact than I won the highest price
better than gold more than any medal
so what can it be.....

In a world of dreams one realizes that when its time to wake up the sky always will be the same. Some days the sun will brighten your life some days the rain will pour down. A friend can make your day and nights so different, so here is a reaching hand

Arnaud van der Veere

Ones upon a time
So long ago the world does not remember
We lived in peace and harmony
The legend goes with only two

They lived a life so happy
Until they learnt to know
The difference between the sexes
That day the world begun

Multiplication was a fact of life
The more we made the better we were
Women's gift of life proofed strong
Mans making seems to be long

When time passed by the more they came
Nature tried to destroy them all
Buts were was gone on one side
The others came back with even more

Slowly the world is overgrowing
Like weed we growing on
The more we make the less we have
Is nature losing after all ?

The wind, the sun and storm
How strong they are
They wipe out the weed so many times
But still they return stronger then before

Arnaud van der Veere

In the night you close your eyes
when you do it very hard you see the stars
and when you open your eyes in the darkness the stars will still be there
This is like hope
when you wish something to happen
or process without eager
your work will reflex success
First you have to give something
than the returns will always come
sometimes instantly
sometimes in time
Giving without asking for return is real giving
asking for return will not be rewarded

Arnaud van der Veere

Life is just a cycle
repeating itself one again
in turns you learn
but all seems planned

you walk and fall
pick up yourself time again
the wounds just health
and than they ripped open again

but flexible as we are
we keep on moving till the end
fast as lightning in begin
slow as snails upon the end

we try to speed it up
with powers not yet know
so if you fall your health again
just fast enough to go again

experience is only a name
for fools who never learn
to avoid what always come
so never look behind

Arnaud van der Veere

When you close your eyes I'll come by
I steal your dream and take your soul
The night is mine and I'll lead you there
Through the tunnels of your life I'll let you see

All you desire and your deepest feelings
I turn your heart upside down
Play with your inner
Like it is all mine

You let me in time and again
It was you who wish to be owned
Taken and surprised
Your heart was empty and so was I

Now we filled it up with joy
So much you ever felt before
The butterfly in your belly
Is flying to your brain

All has taken over and motion fall slow
You turn at your side and deeper you go
The feeling moved down and you cool
The heat of your chest but your heart still full

A fire can lower but never turned of
Who will be the fuel for next night of no sleep ?

Arnaud van der Veere

Walking on the shore I saw it all
the sea came and went away
just like my life
in waves emotions come and go
Is it true that life is so short
sometimes it seems so long and empty
but than when the one comes along
so full and never ending
The moon the sea oh a dream for me
and nothing else to do
just walking with bare feet
waiting for a new moment to come

Arnaud van der Veere

I saw your mind in a flash
thunder and lightning struck
fire was in your body
the heat made you tremble

but the ice of mind controlled the scene
the fire was controlled
the legs straight again
but the in the inner your' still the same

control and patients is your goal
you must to stay in your role
to protect your inner me
the desire to be free

responsibility is the name
sincerity to the soul and inner self
survive in a changing world
bless your efforts forever

Arnaud van der Veere

In the night some of us are dreaming
some of us are screaming
others are in fear
but the night stays dark

Like the thoughts of men
you never know the next
will it come or only go
is it right or oh so wrong

Dark and light are always fight
the lightning strikes the sky when clashes happen
when they make love
rain will wet your skin

The dark is full of passion
lovers seems to take forever
and fear seems so far away
when you are with the other

Time passes by and emotions go
feelings grow and fade away
the darkness comes and goes
the morning light will brighten your new day

Arnaud van der Veere

26-10-03

LOUD

in the night your thoughts come out loud
they sounds so clear and bright
and you are so close to yourself and to the love ones
no distance in your mind
distance is a thing created by time and space
but the distance of entangled minds is nothing
no space and time will be able to separate
to break the not of tangling wires
the more you try to unclosethe
the harder it will get
so try hard to unwind your feelings
and see they are based on fear
fear of losing
but how can you lose it when it is thigs to you so strong
it nearly is a part of your body
a piece in your soul
impossible to tear out anymore
the future brought something
and only you can play with it
like a thought in your dreams
a part of your days
and all of your nights

Arnaud van der Veere

in the night we dream
during the day we scream
working hard and care the future
but all seems to be so futile
like a drop of rain in the ocean
we fall and try to make the difference
with open eyes we see not clear
but darkness brings more light
the world is so much better
with eyes closed and tender heart
nothing to care and no fear
we are so strong and yet so weak
the inner you opens to all
in faith and trust
it opens the deepest thoughts
dreams will answer to all problems
a hand can mean some help
kiss can be a hope on love
holding someone a need for shelter
and crying loud the fear of life
daydreams seems not there
but really open your eyes and realize
everyday is a dream you meet
nothing is more real and all is illusion
a stranger will come and hold your hands
he leads you to the promised land
to life a life of plenty
in love and harmony
but will he come and when ?

Arnaud van der Veere

SHINING

04-10-03

When the sun is shining warmth will color your skin
you will feel the emotion of pleasure and joy in your life
some days the sun will hide behind the clouds
and rain is pouring down
you experience the heartaches of the things that are gone
but you know they will come back
you can fly behind the sun and discover it will never shine again
as you are always to late on the place it was
so the best way is wait and see when it is coming back
accept that time will bring it back
but you can decide to take life in your own hands
and run for it, find alternatives, buy an electric one
or go to the tanning centers and feel the warmth of the electric sun
go deeper under your skin and know what you want
you can choose a way and life a life as you think that is best
but the fire will be always burning
but maybe just maybe that is what you need to keep the fire in your life high
walking alone can be peaceful and release full
but know you will never walk alone !

Arnaud van der Veere

Impressed by your look, silenced by your presence
Serene and quit you seem to be, so small to fragile
The pain of all those years has carved your face
Your softness and sweet appearance has flown away

Was it me that hurt you so much so deeply ?
The words I spook, the passion I showed were real
A feeling of sadness and a mountain of guild
Comes down on my shoulders and weighting like earth

Destruction in building a life of your own, so painful
No friends in this place, no shoulder to cry on
The one you have sacrificed all your life for
Left you cold standing alone

So much sorry I feel
I cannot express
But it weights like the earth
And make me feel really bad

Why did I do it ?
What has changed it all ?
Scattering dreams like snow in the sun
Still question myself why did it come so far

Dreams of you are still so sweet
See you running and jumping
Holding you tight
And kissing you all

But awake knowing for sure
That will never come true
I made your life like a hell
Just with a goal to life for another

A dream, a task and a duty for others
You gave up your own things
And will work till it is done
When will you rest my love ?

My thoughts are flying over and over
No way for me to bring back the past
But is that what we wanted ?
No future at last.

My love never died nor famished a bit
It was steady as ever
Knowing that you are the one

And no one ever will come to replace you in time

Hope you will read this in time
Do not expect any answer
But just let you know
Where ever you go I will be their

Arnaud van der Veere

CONNECTION

I close my eyes and concentrate
slowly move to deeper state and contemplate
become one with the inner me
and let the feeling grow from my stomach like a tree

my head is filling with emptiness
it feels like the crown of a empress
energy is filling all my vanes
muscles contract so strong and become strains

straight my back
my head deep in my neck
I feel the turning of my power
all is happening on a late hour

when days comes and go
like the water in the river flow
sometimes as wine so sweet
it makes me very dizzy indeed

why life has so many turn arounds
the others make so many sounds
when I am looking for a way
that will give me a steady stay

it is important to become one with all
time is not important anymore and shall
pass away like it always did before
but in this state of mind it does not matter anymore

By Arnaud van der Veere

DANCING

Dancing with the rain
In the wind we move
On air we walk
On earth we life

Let us grow some flowers and the trees
In time we plough the earth with our feet
The constant moving of the hips
Rhythm of the falling rain

Smooth the water falls over our faces
The closer we come
Wetter we get
Wind is blowing in our cloth

A dance of rain and sun
Sometimes we cry like rain
Our hearts can burn like sun
And nothing can stop us any more

Passion of the heart
Heat of the blood
All change in movement of the feet
As a tango of the night

Arnaud van der Veere

CHRISTMAS & NEW YEAR

Another year passed by
We all had our tears and laughter
Some days were long and night too short
Now the days of warmth had come again

Rejoice in song and chapel
The sounds of bells come in our heads
Santa's laughs are heard everywhere
And lights sprinkle everywhere

Please sit down for some reminding
What have we done this year
Did we meet the friends and lovers
Have we made more of them this time

A new year is yet to come
New sounds and energy will fill the air
Some good, some bad will pass again
And more memories will fill our heads

But here and now my friend I wish to say
Thanks for all your company
As a person you are so well appreciated
Whatever the year will come your memory will not fade away

So thank you once again for being our friend and shelter
In times of storm and rain
We open our houses to welcome you
Like the baby we always remember was welcomed on this earth

In all the world we will try to be your rest point
Your trust is valued by the day
And ever we will do all we can afford
To give you shelter when we can

Never forget why Christmas stands for
To be humble and true
Respect each other and give the honour to the one
Open your heart.....

Arnaud van der Veere

Busy

Being busy is not worse to do
only when you are boring and feel not to
but I like of what I am doing all the time
sometimes my job is my prime

but that is what you get when working for yourself
no time to waist or fly around like an elf
but sometimes late in the day
you wish to have more time to play

some clinging with a girl or so
or going with friends just for the go
wasting time as if it had no value
but than realize that it cannot be true

we all have a little time to spend
and waiting for a new message to be send
a sign from far above that it is enough for now
so much power is released that we all will bow

in dust and press our faces
to the ground near our laces
but when we raise up again and see
the beauty of nature in a tree

a smile is on your face
sometimes you step away from the daily race
and take time off to relax with you
but only when you let me to

Arnaud van der Veere

SWORD

AT THE END OF MY SWORD
HANGS THE SHARPNESS OF THE WORD
A SAYING CAN BE AS SHARP AS MY KNIFE
AS THE SCREAMING OF A WIFE

SOFTLY THE BLADE WILL CUT THE MEAT
LANGUAGE COULD BE MISTREAT
HANDLED WITHOUT ANY SENSE
THE EFFECTS ARE SO IMMENSE

IMORTALS WILL NEVER WALK THIS EARTH
WHAT YOU SAID DID REALLY HURT
MY HEART WAS CUT OUT OF MY CHEST
AFTER ALL THOSE FIGHTS I CANNOT FIND ANY REST

THE BLOOD FLOWS FROM YOUR VAINS
I HOPE IT WILL LEAVE NO STAINS
RED IS ALL I SEE AND FEEL
THE WORLD IS NOT FOR REAL

WHEN I ENTER YOUR BODY THIS WAY
WHAT ELSE CAN I SAY
IT IS MY INTENTION TO BRING YOU FAR FROM HERE
TO THE HEAVENS AND FESTIVALS WITH BEER

WE ARE WARRIORS FROM INSIDE
ARE WINS AND LOSSES CARRY WITH PRIDE
NEVER WILL SURRENDER
IN LOVE WE ARE SO TENDER

BRING HONOR FROM THE BATTLEFIELD
BLOOD LEAKING FROM MY ARMOR SHIELD
AS A MAN NEVER FLED FROM ANY FIGHT
I WILL MAKE YOU FEEL A WOMAN FOR TONIGHT

Arnaud van der Veere

DREAM TRIP

As in a dream I saw you standing
You took my sight all the way
My breath and control was gone
Emotions took over my heart and my soul

So full of passion, hunger and needs
A moment in time is all you may give
Your name will be written in diamond and gold
Steps you are taking sounds music in my ears

In clouds my days come and go
Each time I am waiting for your image to show
Are you for real or just in my dream
You beautiful creature come on to me

I will make you a heaven
Will cherries the earth you walk on
Breathe all the air from your mouth
Kiss you from morning till night

Lets go on together
To a heaven on earth
Make a dream of the day
And nights never ending

Arnaud van der Veere

LOST SON

A son we lost him twice
to hard to carry
to much to bare
when will we meet again my loves ?

Time after time the tears run down
so empty is this life now
no music that sounds around the house
no noises that rocks my day around

You left this life to soon, to young to die to hard to life
was it worth to come around and shined in my life
i've seen you grow up from so small to so tall
you Englishman to the bone

A son we lost him twice
to hard to carry
to much to bare
when will we meet again my loves ?

I saw you dancing in the room
in style and always in the line
you never slipped your role
the perfect gentleman

A son we lost him twice
to hard to carry
to much to bare
when will we meet again my loves ?

Water was your life
sailing a passion
your father your mate
and together you sailed the world

A stone, sculpture or painting
never escaped your attention
your passion of arts
so strong, so deep

Now I see you lying down their so quite
dead has chosen you this time to come
why this family so hard and oh so often
a question never to be answered

A son we lost him twice
to hard to carry
to much to bare

when will we meet again my loves ?

But you brought us sounds of joy
the pleasure of the dance
memories so sweet
never to forget

To young to die to hard to live
the music carries on
we'll keep the sound alive
and dance till next time

A son we lost him twice
to hard to carry
to much to bare
when will we meet again my loves ?

Arnaud van der Veere

DAY AND NIGHT

By Arnaud van der Veere

The morning always sets with a sun in the sky
waking up I love to look from behind the curtains as a spy
 than stretch the body and open the mind
 when waking up the family I have to be kind
A smile in the morning will bring peace to the day
 if this was true I always wonder what to say
when I go to my work grumble faces are all I see
 why don't they try to enjoy life like me
A kiss from my daughter and laughter so loud
 nothing can break the day not even a cloud
 enjoy the breakfast altogether on a table
 it makes the family life so very stable
Wish I could share this with all my friends
but seen to the size of my house I will have little change
 the nights that past will never return
 a passion of love that made me burn
So when the day brings the morning sun
I dress my self for the usual wake up run
 the body needs to be trained
 to keep the energy level sustained
I have to face another day with fun and sorrow
 like we all are afraid what brings tomorrow
 only when just in love this problems are gone
 I can see that in the looks of my son
When young we all meet a new day with new energy
we have the feeling we can beat this day, yes even three
 the boost of love is energy from another source
 like a burning fire with an everlasting torch
 Come and take my hand enjoy this day
 let us all wish to make the other stay
 hold hands and kiss that tender kiss
tell that when they forget it is all the day they miss

Arnaud van der Veere

A DAY AND NIGHT

A day and a night
Has your life become bright
We met when the sun did shine
Could we keep it all this fine

In darkness we are born
We grew toward the light
Ones exposed to all its glory
We cry in excitement

Naked we come and dressed we go
Scared to show our inner feelings
We cover body and mind
Only to a few we expose the beauty

The inner world is only mine
No one is allowed to share
Thoughts and feelings all be hidden
We turn our back when attacked

Can afford no losses
To fragile and easy hurt
Naked in the shadow
Shelter I will give

Come enter my world
Feel free and give yourself
No blame nor eager
Just come and be yourself

Arnaud van der Veere

GOING NOWHERE

Morning, I dress myself like every day in white
Check my head, my bowl and try to do everything right
As a novice of this group I only follow the leader
Strolling on my sandals humble to my feeder

Back in my cottage I learn the holy scriptures well
Try to memorize every line until the bell
Meditation time has come and I move myself to the hall
We have to sit straight so I push my body against the wall

Hands move in devotion to the floor
Slowly bending till my head touch the ground
After three times moving up and start the sound
Monotonous chanting I move away from the door

My eyes close softly and chanting goes on
Vibrations of the sound
Makes the mind spinning around
After a few minutes I am gone

The mind splits away from body and earth
Coming to a platform wide and unseen
No fixed color not even green
It brings you back at days far before birth

A place not cold no fire
Every thing is striped of all desire
Time is of no essence and has no place
Even me has lost all face

We are one with universal thoughts
No limitations are brought
To stop the mind from expanding further on
Yes I have the feeling it is easy to pass the sun

Slowly one little question glows up in space
Why are we so busy what is the race
Is time our only limitation
Or are we afraid of our own creation

Arnaud van der Veere

FROM ANOTHER WORLD

From another world
Another time
A cry came from so far away
In shock I turned my head

Again was it the sound I knew
I heart so often long before
No limits ever did occur
My mind back in stream again

In my dreams it all came back
Minds connecting and than flow in one
A cosmic power so divine
Stronger we became

In a wave of clearness I discovered
It was not the force of someone
Not a dream of nowhere
But the finding of the one

Just concentrate yourself and flow
Let your mind open and go
Dream the dream of readiness
Feel the love of faithfulness

Faithful to your dreams
Not the one that brings you sorrow
And more worries for tomorrow
Life is not all it seems

Some memories are hidden
In flashes it will come
Only visible for some
But for most long forbidden

Are you dreaming from the flashes?
The ultimate in all what is
The others do not know what they miss
Be one with us as risen from the ashes

Arnaud van der Veere

FRIEND

When day pass by you value more
A person always near when you need
Who share your laughs and sometimes a tear
Of whom you can say they are you dear

In times of happiness and sorrow
He holds your hand and follow
Sometimes he leads and you are free
Of thinking for tomorrow

You share your deepest thoughts
The dreams that never will be realized
You travel roads so far and long
And always believe that he is strong

No matter what will happens
Faith in him you will keep
Your trust has never been that deep
Your life is in his hands

But a friend will give you freedom
So wherever you may go
In corners of the universe
So far away from him but never been more close

A friend can be your opposite
Or even your reflection
And even when you fight
It does not matter who is right

Some nights you wake and see the future
What will it be without him
Will live bring the same again
Or is it he who makes the difference

A friend, more valuable than any jewel
More worth than anything on earth
Will bring you to the heaven and return
And shares the spare time like it is forever

And when growing old
Problems become so much bolder
Eyes more often wet
Only suppurated by dead

Arnaud van der Veere

WALKING ALONG THE ROAD

Walking along the road of life
in turns and straight down paths
thinking about the ones we left behind
a thought occurred so suddenly
not more than a flash
a moment of silence in almighty time
your face, not more than that
it shocked and left just like that
no hold nor feelings
it disappeared faster than it came
was it a sign or a warning
had you left this earthly matters
or was it just my mind
creating images from the past ?

That night like in a dream
again you came to disturb the peace
a goodbye or a farewell
cold sweat broke out and alarmed my soul
woke up and saw your face
just in thin air so bright
how was you gone my friend how did you die
no sorrow nor the earthly pain will hurt you anymore
goodbye my friend and will see you soon again

This life has only started
not for me but for the earth
we have just come to go
only hit the ground to disappear again
a moment of your time we take
we breathe your air and moved your soil
just like so many we made a mass
we will be gone so soon my friend
dear earth we will miss you too

Arnaud van der Veere

THE FIGHTER

Everyday we are ready for a fight
The world will challenge our right
For the power of the thrown
The honor to wear the champions crown

Are you ready to pick up a challenge?
Or are you training to create a balance
Never see things black and white
Do not look down but face the world with open sight

Go and learn your lessons well
Stand straight every time before the bell
Never let your faith go down
Build your body and mind like a town

Step by step you walk the path to fame
Never forget the place you came
Be proud of what you are and have been before
Keeps the fire in your heart burning more

Only that you will make you survive the training
The hardship of tears and raining
The hits and punches that will land
And kicks that make you bite the sand

Be proud of what you are and reach for now
Let them talk and see that you are not a cow
Like them just follow all the rest
You are one of the best !

No one ever will forget your name
Written down in roads of fame
Or in the hearts of others is just the same
You have shown the world for what you came

Arnaud van der Veere

EVERYDAY

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By Arnaud van der Veere

MORNING CALL

Every morning I wake up late
after breakfast I walk to the gate
to go my usual way
nothing exciting to say
but I want so much more
this is not life is made for
I want to break out
let the world hear how I can shout
I am here and let you all know
I make life worth and will go

I am longing for so much love
and not a stranger from above
no some arms that hold me everyday
I miss that but will not pray
till you have time for me
and make yourself free
life is sometimes rolling on
and I do not know what I begon

I feel so unsure of everything
knowing someone in the world find me a king
although I am a woman small
he thinks I can beat them all
why I feel so strange when he
tell me that he can see
the little light far in my eyes
but do I really feel a surprise

no he made me feel a special way
a person that I will never betray
is he a friend or what
in my mind I am doubting that
so confusing it all seems to be
and hope he will make some time for only me
waiting is all I can do and thinking deep
even wondering in my sleep

By Arnaud van der Veere

EVERLASTING GLORY

The soldiers went to battle
A country was on fire
Fears they will defend the nations pride
So many will then die for

Freedom for the people
Schooling for the kids
So they will learn why they will die for
The nations pride and fear

One day they all will call for
The army fears and strong
Months they will be suffering
From the torture of the training

Proud they will show the uniform
Decorated with all signs
And the ones they will fight for
Laugh and never will see the fear

In palaces they will sit and decide
On banquets lives will be honored
Of the ones that are dying
They speak of honor and pride

A war is never any pleasure
But history is in the making
And who will be written over
Most soldier's stories never told

The crying of the battle
The screams of all who die
And a the silent comes thereafter
In peace the family will cry

And all what is left to grieve for
A statute of the beloved
Never a kiss or a hold from
Cold inside your heart

Arnaud van der Veere

DREAM TIME

Nightfall, eyes closed and floating away
Slowly moves the mind from clear to nothing
The warmth of the night has come over you
A smile so sweet, makes your face so beautiful

Your body is moving
First slowly than faster
In the rhythm of your dreams
The warmth of your body is higher

Seems you enjoy what you see
Is it a light or just a shadow
Adventure you never dare
A love you still despair

In dreamtime you are just alone
No share with anyone
So how can I come in
Be the dream of all your soul

Arnaud van der Veere

GONE WITH THE WIND

Gone with the wind you said
you my new friend when lying in my bed
ones you had a friend for long
he left you like in many song

But you was not sad or tired
you did fight back and was not fired
the men at your work made you the laughing stock
but you did send them all a cock

The drawing was not appreciated
but all the female anticipated
they saw you was the victim in this case
and started with the male chase

It all went from bad to worse
but the blame came back to you of course
now you laying in my bed and cry
they send you away without a bye

They kicked you on the street
and that is were we did meet
just as the accidental flow
I was running away to go

I had just left my wife and kids
made the decision in a flits
had to save my inner world for falling down
every one seem to be out on my crown

But did I do it just right
we are laying in love and sight
both in our own world of problems deep
slowly we fell asleep

By Arnaud van der Veere

CRYING IN SPACE

A cry in space for all the time
are you their or anywhere
you wish to answer or will keep silence
are you the one or is it the other

Feel like a stranger ringing on your door
in hope to meet a friend
but scare to find a closing door
maybe rejection or worse

This is a humble knocking on your door
a hand to make some friends
to offer you myself
not as a minor but as an equal

Maybe you are looking to
is this the friend or just a stranger
what will it be this time
again a call of fear

You only will know the answer soon
if you reply this simple gesture
of a hand reached out to you
from a stranger on your door

Arnaud van der Veere

JUST ONLY FOR YOU

I bend my head in sorrow
thinking of all I have to do tomorrow
my plans must be made
and get approval before that date

hurry, I have to think
my thoughts are turning pink
I feel my stomach, butterflies come in
worries in my head and the rest fun of sin

oh yes that is what I need
men around me with a lot of greed
they want my body and my mind
they expect me to act very kind

but my future is at stake
how much money shall I make
but am I a genuine person or just a fake
I touch my legs and see them shake

Hormones of hell are boiling in my blood
stress comes over I nearly forgot
desire fills my body and my soul
what things in this life are my goal

contraction of all my muscles, a cramp
sometimes I look in the mirror and feel a vamp
now control my emotions and let it flow
relax the mind and let me totally go

a hand slowly goes down over my back
shall I wait they give me or do I take the sack
the job is so very demanding and my days
again will be filled with prays

do I want to work and have less private life
or wish to be a loyal house working wife
waiting for my husband to come home at night
or do as what I feel is right

so make up your mind my friend
your life is for you and not at an end
today is a day for this faith
the next decision can wait

Arnaud van der Veere

WE WENT AWAY

In turns we went away
Starting from today
We will stay the place we are
To fight for what we reached so far

Not knowing what would come
Cause you are so different as were my roots come from
Like a magnet we smashed into each other
Even the first meeting the world did not seem to bother

A moment holding your hand for me
Makes the ocean of emotions come free
But we can not let it run our life
Or we will not survive

So much we have in love affairs
But we know that no one cares
Instead we have to dream along
And give each other in a song

We scream and shout so loud
Cause both of us is proud
We are a perfect couple here
And know that no one can come so near

In your body and soul
I like to play a role
Never care I am up or down
Always let you have your crown

Arnaud van der Veere

SLEEP ALONE

In the night when I sleep alone
A dream comes up from so far away
Distant lands and hidden thoughts
Only for a few to enter

Remembering times that has past
In flashes also the future
My mind is like a floating ship
Unknown were to go

So intense but yet so far away
My body screams for more and over
Still in my bed I am laying over
In the morning when I wake

Tired of the night
But with a mind so bright
Longing for the day the dream
To realize the contains

Arnaud van der Veere

SWEAT

in the night I always feel your body sweet
smell your incense from the place we need
feel your mountains in my hand
they are the most beautiful of the land

when the eager comes all over me
and temperature between us raises over three
swallow parts are looking for shelter warm
so I cannot just lay on your arm

need to hold you very strong
make love to you very long
this night is only for us
we have to make it into the plus

let us not temper but light the fire high
you must go further and scream till you cry
in ecstasy I want you to be
and be there for always with me

feel our bodies come inside each other
our minds turn completely to each other and do not bother
there is no one else that matters in this world than you
this is making love and only between us two

I see the passion in your eyes burning
we go from move to move and both are learning
the heat turns on and lightens us more and more
we go on and enjoy it as never before

Arnaud van der Veere

EYES EXPRESSION

I saw the expression in your eyes
When I met your wife
My world fell down apart
A mechanical smile changed my face
The feeling was so odd
Do not know how to react but go along
To you I seem to be very strong
But inside my heart lost many beats
In fact I wanted to turn and run away
Don't face the one I dislike most
It is like you never realize
That my heart belongs to you
Feelings cannot be changed
Tonight I will sleep no more
A fire in my head will prevent it
My heart is weak as waters flow
Somewhere I found the strength to keep on walking
I realized my mouth kept on talking
About all topics and so free
My eyes realizing it was not me
But the time is passing by
Life will not anymore be the same
I have seen her before you came
Instantly knowing she was with you
All your children were laughing me to
They are so sweet and nice
How can I heart this paradise
These kids belong to you
Ones I wished to have them to
But time has not giving me a chance
So I have to consider this at last
What shall I do with you from now
Are we going be good friends
Or lovers like we ones were before
All has changed and what am I ?

Arnaud van der Veere

HURT

By Arnaud van der Veere

Hurt, it is a feeling so deep and sharp
like a knife it cuts your heart and brain
some are hurt so deeply they turn insane
others return the pain in warp
hurting the other is like a boomerang
it always will return on you in time
the other will feel you have done a crime
they will do at ones or wait
specially when you do it with no intention
you cannot understand the harse retention
the other side will always thing you do it with pleasure
just as enjoying it in times of leisure
looking in the face of the one who suffering in pain
the eyes wet of crying
inside you see the other dying
you are standing trying to find a place for your hands in vain
you don't know what to do and feel so sad
you want the hold the other to relieve the aches
but you know it was you that made that body shakes
and she will not appreciate that all will end in bed
no you have to fight to get it right
do not get out of her sight
no do not run away but face the consequence
try to explain why and what you said even it seems immense
stand straight and let the other say
listen and accept the sharpness of her pray
she has also her rights to kick you back
maybe yes you will get the sack
but accept it as a man with balls
tell you are sorry and lost your way
and did not think of the effects when you did say
do not try to do it only with your calls
saying sorry is not easy I know
but doing it will let a relation grow
it creates some understanding for the other side
and will not take away your pride

Arnaud van der Veere

HURRY

By Arnaud van der Veere

so many days has past
when was it you saw a shadow of me for last
running over the world everything must be done fast
even in my dreams i can only be your guest
do you still remember our nights of passion
time is changed and they are no longer in fashion
everything must be in a hurry judged in time
no sweetness anymore all taste like lime
Jesus cannot save us anymore
Buddha cannot reach our soul, our core
all so dear to all
cannot free us from the fall
we are moving into a new time to find
fortune and fame and forget the kind
of world we are moving over in a rush
all life on the way we do crush
sorry I have no time today my love
making money, fame and fortune all go above
your little hopes of peace and strong desire
all you can do is hope and keep up a fire
time of work and rest
you know life offers more and all the best
when you lay down in your bed
with close eyes wishing you were dead
is this the life you had planned
or are you creating your name into a brand
a sticker written on, this peace is of high value
treasure it as if it was something true
oh life is so short and I still to do so many thing
shit forgot to send you my wedding ring
oh you have left me for another
is that something I have to bother
rush my friends, always running for the goal
race for pride and winning like soccer players for the bowl
we've got no time to take a rest
run like crazy till we kill our self at lest

Arnaud van der Veere

HOPE

In times of despair and lost
We look for hope whatever it cost
We need a hand to guide us right
And someone within our sight

It never matters man of wife
The person must find our drive
Fuel for our internal motor
And give a swing on the rotor

Sitting down and feeling shit
Knowing that this life is not it
We were looking for more power
Not waiting to pass every hour

To feel that we are here and strong
Not down and so very wrong
Out placed is when we are not home
Being threatened by the discrimination syndrome

Oh you wish to turn your face away
Do not take part in this array
Be on an island or so
Get out just want to go

Than you get into your bed
Still feeling lousy and so sad
When wake up early in the morning
A new day without mourning

Know that out there someone love you badly
Waiting like you for a meeting sadly
Eagerly looking for you everywhere around
Trying to do it without making a sound

And than you pass him everyday
Never knowing what he will say
Just when you look a moment in the eyes
Always in a hurry so no time for twice

So when you get your chance open your arms
Consider that even for a moment it is good to feel some warmth
Because that little moment of your time
Letting go is not a crime

Arnaud van der Veere

LEAVING YOU

I remember all the days we spend together here
In love we had the greatest plans and never looked near
The facts we faced nothing seem to be real
All problems could be solved easy as we feel

But than the days passed and life became more troublesome
Plans flow over and the sweetness did not come
Family affairs and the taste of freedom both
Did us forget the contains of our oat

You always was there to hold my hand
I remember the days we spend
Hugging as we will never be apart
And after every fight a new start

You thought me how to climb the steps of fame
And showed me that nothing will be free when it came
Life was not a play yard anymore and serious you said
We cannot spend all our life in the middle of this bed

Now I left you all alone
I decided it was time to be gone
Give you back the freedom of mind
You always have treated me kind

Now I will walk alone again and try
Be brave and never shy
Looking at the samples that you gave
And will carry you in honor to my grave

Arnaud van der Veere

LONG DAYS

Often the days seem so long
In the morning I feel so strong
But when the day is passing by
Energy seems to running dry

Like water wet and sweet
I will do everything you need
But limited are my ways to go
In time and space our relation will grow

Sometimes we are so near
And everything of you is so dear
We enjoy and dream
Reality is so far it seem

When I close my eyes I see
A future like a cloudy tree
So many branches everywhere
And roots only we will share

From that little seed of love
And the twinkling bells from far above
Each flower represents a child
We made all of them in wild

More of us will come and go
Never escaping taking part in the show
Our life is like a spinning ball
Never will end up against a wall

Arnaud van der Veere

NIGHTS I LAY DOWN

by Arnaud van der Veere

Nights I have lay down thinking
find a way to become rich and famous guy
afford myself the dream life before I die
but finally end with to much drinking
They can do what every comes in there mind
driving big cars and spending money everywhere
not thinking of the parties but being there
just walking around and being kind
a fight or a small riot with the wife
a new girlfriend or some sexual drive
all will be written down and readed wide
being famous is strongly depended on the tide
in my nights I am always on the top
never I realized that the life did come to a stop
no changes has been around for long
even the body is not anymore so strong
the girls I always had admired
now are old and almost all are fired
lost there jobs and no more pleasure
they carry there old pictures around like treasure
look that was me when showing up
when I had the life of a famous pinup
yes daily another man for me
you don't believe, here is my dairy
so long did all the lights turned off for them
no longer they are considered to be a gem
but am I so much better off than they
if I look in the mirror my hair gets grey
yes time pass quick for all my friends
we cannot keep up with all the trends
older and wiser we all will be
non of us can avoid it you see

Arnaud van der Veere

NIGHTFALL

Nightfall came suddenly
The sun was shining so bright that day
I met you again and heard your story
My mind tuned down to the lowest level

I felt betrayed and so very lonely
It was cold in the heat
My heart started to beat a false tune
When I knew my life became a ruin

No need for me to see a ghost
I had become one myself to the most
No cure no remedy will be good
And in the world no friends to understand

The story was one many have heard before
You will leave my freedom and more
But I want to be in your prison here
You be my guard and control the atmosphere

No need to breathe fresh air every day
I like your body odor and want you to stay
Feel your skin and touch your hair
You will be my reason in times of despair

But now you have turned your back on me
Have my tears even impressed you more than she
Or was I just your toy to play around
A puppet that made a silly sound

I do not believe it because when you came by
And told your story so we both did cry
The feeling it will last for ever
Came over me and left me never

What can I do this moment, wait and see
Till you will find to explain all to me
Did I waste my precious time on you
Or do you still love me to

Arnaud van der Veere

Night

Sitting down in front of the mirror I see
A face that time has not saved, it is me
I close my eyes to see what life has done inside
My feelings still in turmoil from the fight

Was it me or you that warned them all
That what we did was meant to fall
Life is yet so complicated
For so long we communicated

We found the road has many sideways
So many believes and more prays
The growing number of who wish to follow
The rhetorical sound so empty and hollow

Like I was standing on a mountain
Spreading my words around like a fountain
Thinking I was warning for a danger to come
But the harder I should it was only heart by some

Was it me that brought the message loud
Of war and destruction of our beautiful earth
Thinking to stand steady on a cloud
Or was my thinking that did give the birth

My head was spinning around
All motions were changing into sound
Softly I did close my eyes
Knowing when I open them all I will see are lies

Arnaud van der Veere

NEVER SAID AGAIN

Never again I said
the days I've been crying are over
stronger than ever I felt
my head back in the wind
and no one ever could stop me again

But all happened so soon
in a flash I lost all control
it took my mind like a storm
my emotions became thunder and lightning
the moment your body was near

How could I come this far
did I meet the one and only
or was it the attention
I needed so much
the trust for warm arms

I need to be loved
give my body and soul
to long I was in control
no emotions I felt
realizing that also me is just human

Decisions are made
today is the day
I finally will make up my mind
but with just one call
the world stopped again

What is it what you have
are you magic for me
were did I lost myself
can I find it back one day
please tell me

Time has past and my mind is clearer now
I have waited to long
the eager is gone and doubts are all over
yes my body is hungry
but my mind only worry

Is the future so uncertain
what will it bring
being lonely is one
but no love in my life
I will not except this anymore
Arnaud van der Veere

Looking for new will bring me sorrow
a search for another
is painful and sick
it drives me crazy to think
sharing my life with another

Looking around I discover the world has kept moving
no one has waited for me to solve my problems
they kept on moving and left me behind
I have to run to take back my time
all to sudden I realise

Life is all in my hands and mine alone
it was not given nor taken away
he did not manage nor control a thing
it was just me and myself who did it all
now I have it back and be it all

Waking up in the morning I felt so strong
this feeling I did not have for so long
a sense of freedom has filled my heart
no one could hurt me again
I still love you but leave you behind

Goodbye my love I will move on
let time be friendly to you
but deep in my heart I hope
it happens to you !

Arnaud van der Veere

MOMENT OF SILENCE

By Arnaud van der Veere

The garden silent
we have banned the violent
the thoughts of sine
we do not allow them in

Mind empty, eyes shut
body straight up, on my head my cap
hands in my nap
sure to be alone in my hut

Far away from all
keep mind clear from all gall
moments like this are serene
only the inner to be seen

concentration
meditation
contemplation
expectation

deeper I want to be
sharing the eternal me
with universal power
feel the energy shower

only eat and drink
washing in a simple sink
no luxury items here
no alcohol or beer

living lonely as a monk and fly
years of meditation passing by
no one will remember
that I left in September

nothing is new or seen
old has always been
future will be past
and all is happening fast

Arnaud van der Veere

MEN'S TALK

By Arnaud van der Veere

Hey did you saw that little chick
men she should learn to know my dick
guess she will learn to know a real man
when she feels one when she can
The men so bold and fat
did never think of the words he said
his hands playing with his belly
that softly moved around like jelly
ugly and bold his face
still thinking he was in the race
but he lost attraction years ago
and his reputation with the women was so so
most did stay away from him
most did advise him to trim
get some running and eat better food
what ever happens it will do you good
but every evening is his pub
hidden behind his giant cup
the men were al so full of pride
but non ever had a bride
yes sometimes they felt so lonely
but silenced that feeling with thinking he was not the only
went to pay for another pleasure
who never gave him the feelings of body leisure
but after his heroic deed
she kicked him away on bare feet
next she shouted very loud
and then the other fool showed himself so proud
will they ever learn to see
that they are the fools of tree
no not the beauty that moved by
cause they know she will never try
she will never look at them at all
she considers them pigs in stall
stinking and disgusting she will turn
before she ever try she will better burn

Arnaud van der Veere

Looking for

Love is a dream we all looking for in life
sweetness exists in our search for a wife
hope to find the right one indeed
but always wish the best one in greed

The wife in her turn always wish a better man
till she found that it is easy and she can
on a morning she placed an add
the reactions made her sad

Knowing that the ideal person is not here
we have to call each other dear
maybe a friendship is the start
and bring together who are now apart

Seeking for a friend you did for long
now he is her in this short song
he wish to sing you into sleep
and wake you up from the deep

We are waiting for the answer of the other side
let us learn to kept each others pride
and do honor our culture to the end
she this message as an invitation to be my friend

Arnaud van der Veere

Lonely without

another week has passed away
again many thing I want to say
but have to wait till time passed day by day
oh yes often I sit down in silence and pray

it is strange I miss you so
every time I see you I do not want to go
but work and others pull me away
every time it is to short to stay

and when we met we talk around
filling the room with our oral sound
but in fact we just want to hold
and do what no one ever have told

yes my thoughts are often at your side
wondering how you do in this new tide
things all have changed for you
and life has not become more easy too

but both we struggle to stay alive
and work for a target and a strive
hoping to reach a target soon
so we can emigrate to the moon

hope next time I see you alone
in silences we will clime to a thrown
sit in peace and watch each other long
and then hold very strong

make a memory of what could be
and in our minds we always see
a vision of a couple walking away
to a life in which they will be together and stay

Arnaud van der Veere

Reasons unknown

Speaking of the devil he walked in to the room
A smile on his face and looking dark as doom
No wonder people try to avoid him every time
His dark nature did involve him in much crime

In the night he came to life
In contrary to his wife
She went to bed at latest light
To spend her joys with others in the night

One day he came across some other evil being
It was not late and it was due to a fore seeing
He stood there waiting for a meeting, alone
It was a time and a place and everybody was gone

He heard a sound of screaming loud
Some one was killing another without any doubt
But what should he care
It was not his affair

Suddenly a man approached him from aside
He got a shock and felt for the first time freight
It was fear in his heart that started a fire
The man said things that did him inspire

Not many words were said that day
In fact the emotions were more than words can say
He turned away from the harbor and in search for peace
He found some quite places within reach

A smiling monk came out an open door
It was a place he had never seen before
The rest took a place deep in his heart and soul
And turned a hardened criminal into another role

His life is unknown to us all
We never will know his rise and fall
Unknown as he ever was before
He still have a lot for you in store

By Arnaud van der Veere

STRONG

By Arnaud van der Veere

Muscles like rocks so strong
To make them you need to work out long
They do not come overnight
And the ones who have can feel some pride

But how many do understand the wish
To express strength as giving a kiss
It is not the muscles that made the man erotic
The combination with the brain that made exotic

A real man is strong and wise
He wish to bring the woman to a paradise
Not just a come over and lets go
No the play take long and emotions flow

Strength of training bring hormone level high
You cannot say in the middle of a training just bye
Results come only step by step
To come that far you have to pass so many trap

Nothing come just like that
Discipline and daily early to bed
Food in time and carefully selected
Make the man strong and erected

Yes the hormones will grow the natural way
With some so much they are eager to play
They take hours for you and make you stay
After that you are very sure they are not gay

The body strong but hands are tender
Make that you only want to surrender
Give gladly all you have for every hour
To end up finally in the shower

Arnaud van der Veere

SOMETIMES WITH CLOSED EYES

Sometime I close my eyes,
Sitting still and looking wise
My mind is floating everywhere around
My lips are whispering that tiny sound

It is a dream I 'm looking for
Not for sale in any store
Just a fiction in my mind
But I'll keep on looking till I find

Don't know what it is that I always miss
Longing for a body or a kiss ?
But than my mind set on a tour again
Sitting on a holy site and shout amen

Twisting faster than the light
Going from one place to the other sight
Watching all the eyes that look at me
Knowing that I feel really free

The rhythm of my heart goes fast
Speed up my thoughts to learn at last
That nothing goes that slow
As me trying to make my body go

by Arnaud van der Veere

SMILE

It were your eyes that attracted me at first
Not the bottle you drunk to clear your thirst
The mouth was not even placed in a perfect line
The only thing I wanted you must be mine

Nothing romantic my eager was so very flat
A rushing bloodstream colored my face red
I wanted to have you only in my bed
It was impossible is short time they all said

Ones I knew you better and cooled down
Realizing you never will be a pearl on my crown
Of all the women I have been chasing
Are you one that made me amazing

Like a monkey I followed your path
From morning to late night I sat in front of your flat
Dreaming what I could say to you when near
But dare not to come even close here

In my dreams I have done everything
Saw you walking in a string
Was kissing you for hours long
Waked you every morning with a song

But only say a word to you made me tumble
Bowing my head and let me only look humble
My friends know what I did not want to be
I was so much in love and even lost myself in me

When you heart this silly things you came and gave me your smile
I wanted to run be away from there for at least a mile
My feet did not move an inch
At I was stuck and someone pinch

Being one with mother earth that day
Is all I could bring out and say
You invited me for diner
To come closer to your inner

That night you reached me all the lessons well
So much and strong I can never tell
Nor explain how much I felt for just one man
Like I made love with many woman

I see you walking with a smile
Already for a while
We have not wasted anything

SILENCE

Days past without a word
not a sound nor accord
wishing to know so much of you
but it seems you do not let me to

al the time it is pushing and pulling
cannot find what is the ruling
the way you see the things
is so much different than its links

why we shout and cry out loud
is it true we are not proud
to be seen with one another here
guess you wish to drink some beer

going out and having fun
things that will make me run
not toward it to enjoy the time
i have lost that feeling in my prime

I became older and so much mature
to much in my head to keep thoughts pure
business takes all my time away
so I have no freedom what can I say

yes you was right just when you told me so
all will make me worry and will not let me go
days will flow like sand
and land me travel away from my land

like a gipsy wandering around
looking for my roots at lost and found
but still thinking of you so now and than
trying to tell myself that is all I can

feeling shit at such a moments and turn my head
sitting down and feeling sad
yes so often you had make a point of it
looking again at my diary to make it fit

just a phone cal, a voice on the other side
will do a lot to change the tide
to let a smile return
not make you feel an urn

so sorry for all i did
mistakes i made and all admit
for now everyday seems so full and packet

i hope one day to get sacked
just wish to feel some hours on my own
being with you or alone
what to prefer is in my head every night
hope one day can do it right

Arnaud van der Veere

SEX

By Arnaud van der Veere
Slowly you feel the eager growing inside
it feels like a thunder flash it lightens your brain so bright
your heart forgets some beatings
no time to bring him your lovely greetings
the moment he enters your room
your hormones goes like boom
an explosion in your stomach makes
that all you ever believed in breaks
eager of what comes moves up your pressure
you are looking for hours of internal pleasure
it seems you are not yourself anymore
no control but flashing needs and nothing that is bore
throwing of your cloth as if you need to catch the last train
horny like an animal not controlled by brain
your nails are deeply in his skin
your eyes are closing the moment he comes in
faster the moving up and down
he is only thinking of your crown
it brings the man in him hard and strong
moving in the love rhythm is nothing wrong
the flashes in your brain are like the waves of sea
nothing in this world just you and me
screaming of sensation when you come
this feeling you will only share with some
then when finished as a lightning ball
moving from the top of the mountain in a dall
then let the water flow like a river deep
to dazzle off in a dreamless sleep

Arnaud van der Veere

RUNNING AWAY

A road so long ahead of me
In distance never seen
The end to far, unreachable
But eager in my heart

The burning of desire
The wish, the wanting, the need
To run to the end
To look over the edge and see

What is on the other side
Never believe the other
Trust is not for me
Running to the end

Wishing to be never seen again
Disappear for all my friends
No hiding but just running
To win and overcome

Glory is but for few
To share that little feeling
Shelter in its light
All eyes look up to me

Running away for here
Never to return
Leave nothing but a trace
A vague smell of ever been

Arnaud van der Veere

ROLLING STONE

Life is a strange phenomenon
It took nine months before it become
When living the life you will find
So many times it is not at all kind

The stones go from big to small
Time will break them all
To sand and than to the sea
So much different than we

We start from tiny cells
And grow up to be rebels
Shouting and screaming to let all know
How fast we have grow

Not knowing all is just in vane
Because society is completely insane
We rape and kill for fortune and fame
Compared with the animals we are not the same

The slaughter when in need
We kill off the seeds we breed
And go on like a rolling stone
Must the world be happy when we're gone ?

Why do we work so hard
To take even the most pretty things apart
The things we cherries and admire
With hearts full desire

We are born naked and without defense
To kill the innocent is an offence
Bring peace to all the world with all
Make love and stop the war before we fall

Arnaud van der Veere

RIGHT NEWS

By Arnaud van der Veere

A messenger came by today with a word
the old fashioned way he did sing his accord
it took him quit a while until his song was over
the message although dramatically brought was very plover

the contains was only a small hello from you
after al I expected something more to
but no you kept the road blinded as before
the trees had covered the meaning, the core

sometime I see you standing there
the places we went to seems to be everywhere
I hardly remember any thing without your being here
the nights you left me in despair

but hey I got you back that day
I was not home when you came and say
you will leave the house and took your things
and left behind all the given rings

we were friends and lovers for a time
our relation was not a crime
it happened to be to much passion
and that was not according to your fashion

like ghosts we are now familiar to each
it seems we are better friends now out of reach
we are calling everyday and talk for hours long
our friendship is making the other things so strong

what is the target of this all
in fact I do not care if I fall
I know you use to be my lover now my friend
and you will be there to the end

Arnaud van der Veere

SKY RIDER

Riding the sky on an arrow
Fly over the world and see all over
Crossing the mountains and over the sea
So fast no one can see

Higher than the birds
Faster than the clouds
On your arrow in the sky
And no one to see you fly by

Now close your eyes and concentrate
Feel how your inner vibrate
Time to escape your body
Come on my arrow and race

We will sit altogether on a rocket so high
Moving and screaming so fast we fly
Excitement all over and blood running fast
Stars are twinkling all in your eyes

The faster we go the hotter it gets
Fire in the tail and wind in the head
With the speed of light on and on
To were we'll never know

Wake up from dreams so deep
In sweat we turn and sweep
This time we went round and round
In movement we all have found

No rest nor peace but flying free
No time nor space
Could stop this race
Only in our dreams we oversee

Arnaud van der Veere

TIMES OF FEAR

In times of fear
do not forget ; I am here
to be at your side
even when its a tough ride

The road of life seems so long
so you have to be strong
and up and down just like the tide
life is a struggle, a real fight

Sometimes you feel like the boxer in the ring
get hits and pushes and think what the next round will bring
but you are never down or lose
unless you choose

Look at all with open eyes
eat the problems like it is spice
some hot some cool
they cannot make you into a fool

So breast up and head high
take a deep breath and sigh
lets fight till the end
give back all the energy spend

Be a winner and a do it good
do not bother in which mood
know you are not alone
we all sit on the same thrown

Arnaud van der Veere

FALLING NIGHTS

When the night starts falling
The heat starts calling
We go in and out again
Till the morning comes

Like a dream we're partying
Feeling happy all the time
Dancing the night away
Moving with you so fast we can

On the day we're only working
Oh so hard and long again
With a boss blowing in the neck
Screaming clients in my ears

Demanding is the world
Less time we have on earth
It all seems shorter every day
No stretch in hours we can make

When you call party starts
Just your voice set fire in my head
My body starts to rock
I want to go with you on roll

In the night we're screaming our heads off
In the play we use to do
Only we knows whats going on
Rolling the night away

In a dance we move so closely
Bodies hit in rhythm of the night
Waving hips and moving shoulders
Going round and round again

In the night we're all calling
Screaming life the days away
Moving motions swiftly and forever
Until the day we go

Arnaud van der Veere

DARKER IT COMES

When the night comes to fall
And darkness comes over
Your heart starts to tumble
And legs begin to rumble

When the night comes your blood starts to boil
The heat is rising and your skin turns hot
You need someone to cool you down
Take away the heat inside of you

Make the red shining in your eyes turns gold
The tiger in your head start to roar
When it comes together you can explode
Holding in your arms will be electric

A night will flash into the day
Lights will be all over
In your head it turns you on
Like fire crackers it explode

And slowly you lose control
The body moves in a directions
Like a snake without a prey
In the final flash you feel it all

Are you just waiting for this times
Or will take action right here and now
No time to waist
Come back and call

Arnaud van der Veere

WARM

By Arnaud van der Veere

Warm is my body and I am turning around
Restless are my nights and making a lot of sound
Others are watching me
And do not believe in what they see

A man so peaceful in the day
Is so restless in the night they cannot stay
What are the dreams are all about
They wish to see what is behind that misty cloud

But better not to share my inner life
With friends or just a wife
It may be all to risky telling the whole story
Imaging the eyes when I show my time of glory

Better not tell them why I sweat a lot
It is a very long story without a plot
When one meets the other soul
Both are eager to reach that final goal

Some days I sit and watch that body move
Still dressed to kill and with that groove
The eyes burning like fire in the rain
No limits, no hold backs and no restrain

But I know to touch that skin
Even a little would be a sin
A disaster for us both alike
Yes the result will be more terrible than any strike

But dreaming and to image can do no harm
Like walking in the corridor just to touch her naked arm
To get that little naughty smile on her lips
Turning my hormones again in an eclipse

This game will go on forever
To collide in naked pursue will happens never
But the dreaming makes both so very strong
On the working floor nothing is allowed to go wrong.

Arnaud van der Veere

WANDERING

Wandering through the night
On empty streets and distant shores
Dreamy eyes in a smiling face
Looking around to find my faith

Inside I feel emotions storming to be the first
One by one they passing by
Like strangers in the night
With attention seeking bodies

None could attract my attention as the one
A flash in my that made me smile
Something inside me that grows so slow
I know one day I face the facts

Is it a wonder that it can be
A little child is growing in me
One moment I was all alone and sick
Crying for someone to love me tender

Now I have a little me
Small and not born to surrender
Oh I have never seen you yet
But I love you forever

Arnaud van der Veere

WAITING

By Arnaud van der Veere

Sitting on the seashore for long
Listening to the sound of the monotone song
The sea just comes and go all day
Not caring a bit if I go or stay

Some nights I sit alone watching the lovers passing by
So sweet when the first kiss comes and both are shy
Hands that do not know just were to touch
Unaware of all the others who watch

Suddenly they realise and open up
They are in the middle of this empty club
With all members looking for the same
A silent place to play there game

But so many are gathering together
All wishing this relation will be much better
The last started so exotic to
But all have ended in a flue

The fever of the pain and hurt in heart
Went like arrows and filled with smart
But the passion of lovers comes and go
Like the sea which waves do flow

My date is waiting for me
In the shade of a tall tree
A kiss, seems to take hours to make
Learn that more is in stake

This night will not end that fast
I feel no hurry like in the past
Everything must be done slowly and with love
So the in the end we will fit like a glove

Arnaud van der Veere

TODAY

This morning I stare out the window
Amazed of all the beauty of the flowers and trees
The buzzing movements of all the bees
Taking a new day of life below my window

From high up in my flat
I overlook the sky and city
Wish that every day was so pretty
Today I will meet a new friend, I am so glad

Friendship is the cream of everyday
Someone to rely on and to have some fun
Going to the beach and laying in the sun
Some one to be with and wish to stay

But yet only the evening will tell
If today is others than the one before
And will bring me no less but more
And hope you are the one that rings my bell

Arnaud van der Veere

TIRED

Drop, my head goes down again today
the heat, the work to boring to say
i want some action in this life
wow look at my boss he has a drive

coming home late of work
trying to eat my soup with a fork
do not understand why the others sport
every evening seems to be so short

watching TV from the sofa in my flat
zapping from channel to channel until i go to bed
have learnt a lot tonight
so tomorrow in the office I will again be right

i have seen it on TV so it must be true
the others get there knowledge out of the blue
they read books and other things
stupid they hardly understand what TV brings

looking down I see a belly big
yes that has made me often sick
ladies seems not to be to happy
sleeping with a guy with such a snappy

but yeah, why should I start to train
the only thing it will bring is pain
maybe I will become more young
and muscles that are strong

but the ladies must not complain
i earn money like a train
it is boring but the payments flow
so a wife has no reason to go

yes, my sex life is not exiting
it cause sometimes a little fighting
the wife did try to say something
she still think it must be spring

no she will never leave me as she cries
her friends say I am boring, oh they all lie
let them talk I always say the do not by far
how happy you are
Arnaud van der Veere

IN TIMES WE ALL WILL THINK

The world also turns without you
Some will miss you, others not
A little bit of empty space
Will quickly being filled by others

Is life just that airy
All is fade away in vane
No purpose for our living
So lonely and desperate

Feelings we all have
From time to time
Thoughts are in our mind
Feelings of despair

For one that airy space of yours
Will be the biggest gap ever made
They miss you like no other
Their heads will be filled with only you

You may not know just who it is
Never realized the person behind
So near but oh so far away
Could be friend or even more

Time you spend in feeling lonely
With a head full of problems
Dreaming of so many things
Maybe wasted for no other

Open your eyes my dear friend
Give a smile toward the other
Cause maybe hat person is the one who cares
Who is waiting for you like no other

Heart ship we all will have
Life is not so friendly
For no one it brings only joy
In times of sorrow think about this, oh my friend !

Arnaud van der Veere

PROMISE OF THE WORLD

The world alone is a promise
Shared with others a wish
In dreams we can life together
In harmony and understanding

When days come and pass
We know that life is troublesome
For most we fear the time to be here
But some are happy and enjoy

Arnaud van der Veere

TIME PASS ONES

Ones upon a time
So long ago the world does not remember
We lived in peace and harmony
The legend goes with only two

They lived a life so happy
Until they learnt to know
The difference between the sexe
That day the world begun

Multiplication was a fact of life
The more we made the better we were
Women's gift of life proofed strong
Mans making seems to be long

When time passed by the more they came
Nature tried to destroy them all
Buts were was gone on one side
The others came back with even more

Slowly the world is overgrowing
Like weed we growing on
The more we make the less we have
Is nature losing after all ?

The wind, the sun and storm
How strong they are
They wipe out the weed so many times
But still they return stronger then before

Arnaud van der Veere

WONDER

By Arnaud van der Veere

Dreams are spinning of the mind
sometimes sweet and very kind
but some nights we wake up in sweat
laying lonely in your bed

Being frightened by what faith have send
a lonely life with just some friends
but is your friendship very strong
some friends are more don't understand me wrong

They life so close but yet so far away
only sometimes they are here to stay
sleeping the rest of the year in another bed
thinking of you and like you feeling sad

But the thinking can makes you very happy
maybe you find the eternal love or be zappy
go from one to the other relation
like a comic with animation

The world ones was so very big
in those times traveling made you sick
but now in a flash you reach me every day
and it does not matter were ever I stay

I wish to let you know with this
maybe I am good for your valuable kiss
but it is a change we only will meet as friends
it all depend on the moment and were you stands

Think about a reaching hand
do not let me sink deep in the sand
as all the unknown that past you mail
and left you forever without a trail

Come and drop a line to me
do not close the curtains yet and let us see
lets run together right along
and combine our story into a everlasting song

Arnaud van der Veere

Waking up is hard to do
Every night when I close my eyes
I realise that they will open up again
When morning come a new day of work

*Waking up is hard to do
Specially when you do not want to
Morning is a hard time for me
I see things I do not want to see*

Is it work I hate so much
Or waist my time with other people
Try to get a laughter here
Better sit with my friends and drinking beer

*Waking up is hard to do
Specially when you do not want to
Morning is a hard time for me
I see things I do not want to see*

After drinking the whole night away
I do not know were I will be next day
Put my head back under the pillow
Don't want to listen to the willow

*Waking up is hard to do
Specially when you do not want to
Morning is a hard time for me
I see things I do not want to see*

Difficult to eat my daily food
Eat the bread and drink the soup
Nothing else today in this house
We forgot the pass the shopping mall

*Waking up is hard to do
Specially when you do not want to
Morning is a hard time for me
I see things I do not want to see*

Did I sleep last night with you ?
Yeesh you look like a ghost of horror
Better stop my drinking now
Before I and up wedding douw

*Waking up is hard to do
Specially when you do not want to
Morning is a hard time for me*

I see things I do not want to see

Maybe next I will be sober
Eating healthy and work for my pennies
Do some sport and jog in rain
Coming a freak as the other insane

*Waking up is hard to do
Specially when you do not want to
Morning is a hard time for me
I see things I do not want to see*

No the day is over and I sit again
Watching TV with my lover
At least I know when sober
What I get in bed tonight

*Waking up is hard to do
Specially when you do not want to
Morning is a hard time for me
I see things I do not want to see*

Arnaud van der Veere

WAITING

By Arnaud van der Veere

Sitting on the seashore for long
Listening to the sound of the monotone song
The sea just comes and goes all day
Not caring a bit if I go or stay

Some nights I sit alone watching the lovers passing by
So sweet when the first kiss comes and both are shy
Hands that do not know just where to touch
Unaware of all the others who watch

Suddenly they realise and open up
They are in the middle of this empty club
With all members looking for the same
A silent place to play their game

But so many are gathering together
All wishing this relation will be much better
The last started so exotic too
But all have ended in a flue

The fever of the pain and hurt in heart
Went like arrows and filled with smart
But the passion of lovers comes and goes
Like the sea which waves do flow

My date is waiting for me
In the shade of a tall tree
A kiss, seems to take hours to make
Learn that more is in stake

This night will not end that fast
I feel no hurry like in the past
Everything must be done slowly and with love
So that in the end we will fit like a glove

Arnaud van der Veere

STRONG

By Arnaud van der Veere

Muscles like rocks so strong
To make them you need to work out long
They do not come overnight
And the ones who have can feel some pride

But how many do understand the wish
To express strength as giving a kiss
It is not the muscles that made the man erotic
The combination with the brain that made exotic

A real man is strong and wise
He wish to bring the woman to a paradise
Not just a come over and lets go
No the play take long and emotions flow

Strength of training bring hormone level high
You cannot say in the middle of a training just bye
Results come only step by step
To come that far you have to pass so many trap

Nothing come just like that
Discipline and daily early to bed
Food in time and carefully selected
Make the man strong and erected

Yes the hormones will grow the natural way
With some so much they are eager to play
They take hours for you and make you stay
After that you are very sure they are not gay

The body strong but hands are tender
Make that you only want to surrender
Give gladly all you have for every hour
To end up finally in the shower

Arnaud van der Veere

STILL

mouth shut and staring eyes
like a rock no movement is the face
shocked she was in any case
discovering that life was all but lies

the brain did not wish to function anymore
she left the body long ago to sit
her mind went to the other world out of the store
her mind and body had to split

the shock came to sudden and was so hard
he died this morning in a crash they said
this morning you left him in your bed
you met him yesterday and hoped for a new start

you spend only few hours so close
in the night he had given you that rose
you even do not know his family name
he never told it since he came

he died without a name to you
not knowing were from here to go to
he came into your life and filled it up
like splendid wine in your cup

both wasted no time and took it all
there is no sorry and will be no ball
nothing more than only memory
nothing left not even a picture from the "we"

you sat there for hours long and no one seem to care
police came to remove your body from there
they took you to the hospital for check
a body with a broken neck

no waking up this time
you was a victim of a crime
they robbed you when in shock
and stopped also your clock

angels all around you see
it is not the earth were you flee
you left the earth and died in vain
left others to get insane

Arnaud van der Veere

RIDING

A horse with no name
Changed my life when it came
I sat on it for hours to ride
The horse didn't take me without a fight

Laying in the grass remembering your face
Yes, the beauty of the other race
Your eyes so small
Like a tower you sit on me so tall

The horse came and pushed you a little
He wanted you to sit on the middle
A ride must be a pleasure for long
So the rider must sit tight and strong

No saddle that protects you
It is a matter of two
No one will watch when we're riding
And at the end you will take a sliding

Arnaud van der Veere

All muscles must be on tension

In the night I turn and turn around
I cannot stand it that I still did not found
A woman that can turns my world around
To enjoy life with and make it sound

Is it you I am looking for
Can I step inside your house
Are you the one with an open door
Or do I have to be as humble as a mouse

My pride is like the Thai so strong
And finding a good person will take long
So I am prepared to fight
But it will be better with the right woman on my side

So this poem is for you alone
To offer you a place on my thrown
To share a life or even time with me
Or do I have to leave you free

Decide my friend and let me know
You want me to be your friend or go
Impatiently I will wait for your answer
So I will be able to make a transfer

Arnaud van der Veere

GOING NOWHERE

Morning, I dress myself like every day in white
Check my head, my bowl and try to do everything right
As a novice of this group I only follow the leader
Strolling on my sandals humble to my feeder

Back in my cottage I learn the holy scriptures well
Try to memorize every line until the bell
Meditation time has come and I move myself to the hall
We have to sit straight so I push my body against the wall

Hands move in devotion to the floor
Slowly bending till my head touch the ground
After three times moving up and start the sound
Monotonous chanting I move away from the door

My eyes close softly and chanting goes on
Vibrations of the sound
Makes the mind spinning around
After a few minutes I am gone

The mind splits away from body and earth
Coming to a platform wide and unseen
No fixed color not even green
It brings you back at days far before birth

A place not cold no fire
Every thing is striped of all desire
Time is of no essence and has no place
Even me has lost all face

We are one with universal thoughts
No limitations are brought
To stop the mind from expanding further on
Yes I have the feeling it is easy to pass the sun

Slowly one little question glows up in space
Why are we so busy what is the race
Is time our only limitation

Arnaud van der Veere

WARM

By Arnaud van der Veere

Warm is my body and I am turning around
Restless are my nights and making a lot of sound
Others are watching me
And do not believe in what they see

A man so peaceful in the day
Is so restless in the night they cannot stay
What are the dreams are all about
They wish to see what is behind that misty cloud

But better not to share my inner life
With friends or just a wife
It may be all to risky telling the whole story
Imaging the eyes when I show my time of glory

Better not tell them why I sweat a lot
It is a very long story without a plot
When one meets the other soul
Both are eager to reach that final goal

Some days I sit and watch that body move
Still dressed to kill and with that groove
The eyes burning like fire in the rain
No limits, no hold backs and no restrain

But I know to touch that skin
Even a little would be a sin
A disaster for us both alike
Yes the result will be more terrible than any strike

But dreaming and to image can do no harm
Like walking in the corridor just to touch her naked arm
To get that little naughty smile on her lips
Turning my hormones again in an eclipse

This game will go on forever
To collide in naked pursue will happens never
But the dreaming makes both so very strong
On the working floor nothing is allowed to go wrong.

Arnaud van der Veere

PAST OF DREAMS

I was dreaming of the past
Time has gone so fast
Sitting here and realize
Life has made me much more wise

Now I cannot be fooled around
I was searching till I found
The inner truth of harmony and freedom
Now I hope the best is still to come

Once my life was tears and crying
And my daily dream was dying
Just away from all the misery
Not any more a part of the industry

But than I met the light of my life
She came in the body of a wife
Not just a woman from some place
But from the Asian race

We sit down for hours long
And she teached me life in a song
To dreamland we were flying
Never looked back or trying

Than in a flash I knew
And suddenly I grew
My mind did open up for all
Now I am sure never to be afraid to fall

Arnaud van der Veere

WORKING

Ah you also know the feeling
Every day we must wheeling and dealing
Tossing and turning to find a way
Working and struck ling to make us pay

My head is dizzy of the thoughts that come and go
Trying to figure a way out this messy flow
Wondering how the successful ones do this
And thinking what talents I might miss

Close my eyes and put my head in hands
What shall I do fight on or wait till all lands
Looking back I realize that time has changed
It seems like many things has been rearranged

A light show the idea has come
More flashes follow but still only some
I am used everything follow a line of order
But now everything crosses the border

Being in business often creates a fake
The idea of becoming rich and sitting on a lake
Dreaming the days away and drinking wine
But it does not show reality cause that is not so fine

Sometimes working day and night
You have to keep on fighting for the right
Do not expect anything in return
It takes blood, sweat and tears before you earn

The moral of this story
You can only get the glory
When being daily there
And not search for the dream everywhere

Arnaud van der Veere

Got it ?

A number of times I crossed the road
It was too late to get back to my boat
Someone had killed my dearest goat
They had slide him a knife thru the throat

I wanna be a star like the rest
Become a part of all the best
What ever happen I will pass the test
And show all the medals on my chest

Have no fear in fighting my friend
It was me who delivered and had send
The bombs to destroy that you meant
The one that killed and no one understand

It happen to be just like the other day
People sit down in large crowds to pray
They prayed for a place in heaven but all wanted to stay
Some were just coming, believers and even gay

Nothing strange only the will
Of my side to end this and let them pay the bill
Or was it adventure nothing else than a thrill
They told me a destiny that I had to fulfill

Slowly walking to the target
Try not to think and only forget
Concentrate on the blast that will upset
Kill them or ban forever to a bed

No mercy on your soul in the name of god
Your ashes will be shattered and not in a pot
Screaming will you die but never forgot
It started as a day like all the others but ended spot

Arnaud van der Veere

A MOUNTAIN OF PRIDE CAME THUMBLING DOWN

The man superiority did lost his crown
A woman took the lead
The man only could follow what he read

It was some hard time for the man to go
He had to swallow all his pride you know
But he did understand very well
That he needed to woman not only to sell

The woman was very bright
And not to be used only for the night
He mentioned that the goal was for the long term
And not as long as the life time of a germ

A smile lightened up his face when he saw her stand
Her strong posture and showing her open hand
Yes she passed so many difficulties on her own
So many man lifted there hands or threw a stone

She hardly did escape a sudden dead
When she shared her life also in bed
Now she will have what she deserve at last
A fellow leader and partner with a past

Someone who treat her as equal
With respect and with the other all
Someone who wants her more than anything
But still image her in a string

Arnaud van der Veere

FEEL IN

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Arnaud van der Veere

ENTER

Sitting in the room waiting for you to enter
Realizing that you are the attention center
The one all persons are waiting for in here
You have create a special atmosphere

I remember the time with you in bed
Both continue loving and we were nearly dead
When I close my eyes your smell fills my nose
So soft your skin and creamy like a rose

My hands moved up and down your breasts
I was free with you to take all the rest
When I came inside it was like
Soft motions followed with the end of my spike

We moved to a state of ecstasy
Slowly moving enjoying the time we were free
I know this time was so very dear
As we were seldom here

Your mountains are so full and tender
Between your legs I only can surrender
A kiss so long it feels like there is no end
Not anymore you are just a friend

And from behind the beauty of you're rounding
The movements of your hips and our pounding
I place my hands very tender on all places
It makes me even hungrier as we are other races

Slowly I feel you coming with a sound
Your body gives more tension and I turn you around
I want to kiss you all over when you finish it
Knowing that what we do will fit

Arnaud van der Veere

CONCENTRATION

A tree was standing in my way
It did not want to move what ever I say
I guessed it had a plan to ruin my day
So I decided to stay

I sat down on his feet
So he wouldn't be able to fleet
Moment I was telling him what I thought
The struggles I had and the many times I fought

He listened quite to what I told
He had heart that story many times cause he was old
So much wiser than me
That old strong unmovable tree

I was wondering what it would be like
When the lightning made a strike
Smashing my branches on the ground
Making that horrible thundering sound

The time I needed to heal the wounds and grow
How much water must flow
Till my branches carried flowers and seed
To feed the animals in need

My friends told me I sat for days on the foot
With closed eyes and no one understood
My concentration made me part of the tree
And thought me things I never again will see.

Arnaud van der Veere

COMMUNICATION

The sole of every word is the meaning of the moment
A meaning of a word has no contains as the owner use it in an empty way
When communicating the meaning of each word is weighted on the expression
The way the sender expresses in body

Seeing the words floating in the air is meaningless
The sender must give a feeling to each single word
When the receiver gets empty words it will be felt as boring
But when emotions hit the brain reactions cannot wait to come

Communication is the key in each life
The words you choose are your lifeline to the others
Realize every word can hurt or bring some joy
Let the head explode or the heart flow over

Open arms say often more than a thousand words
Just a little twinkle in the eyes has made more love affairs than million words
A little hold brings more comfort than a trillion words
But one single word at the right time can do it all

Communication is so many ways
Look into the world thru others eyes
And realize that it is not you who cries
It is that never asked question that makes you stay

Arnaud van der Veere

coming home

when I close my eyes I'll see a light
the longer I look it is becoming bright
it brings peace in my heart and makes me smile
a feeling of peace fulfills me for a while

what is it where I am longing for
a dream in this life or an open door
a passage to the other side
an end to this life's fight

no it can not scare me at all
specially when struck ling and fall
the daily lessons of heart ship and pain
makes all efforts look in vane

did I enjoy this life
or was it another dive
in a strange surrounding
or a shrinking of my founding

it was non and open my eyes again
the peace inside kept in me like Zen
another day to come and go
the rhythm of life I let it flow

Arnaud van der Veere

ANOTHER NIGHT IN PARADISE

A hand in the night was slowly moving along my thigh
The softness of the skin made me ready not to fight
My blood pressure was rising to the sky
Than another hand of yours came by

My head was twirling like a thunderstorm
Your shaping got an angel form
Than when you reached my softest part
It was impossible to lay down and stay apart

All my muscles were full in tension
And my hormone level was not to mention
Your curves made me whisper softly your name
My hands touching all of you and then I came

But I want to let you find the land of dream
And let you receive love and not only cream
My goal is to bring you to the mountains high
And let your body fly true the sky

Let your mind get out of your body soon
And feel like it has been carried on a spoon
Softly waving in my hands of joy and pleasure
Feeling so much satisfaction that no one can measure

Your shoulders, soft, warm and round
Seems to make its own personal sound
When my kisses go up and down from you
Especially when I am moving toward a special part to

Kissing you is more than love alone
I have placed you on the highest throne
For you my body is as a slave
This is all that I was able to give

Take what you see and what you feel
Tonight we are only here for real
What will happen the other day
We never know if we could stay

Arnaud van der Veere

Another day

today is just another day,
but what else can I say,
I wish that you get the arms to hug,
and no longer need a thumb to suck,
a kiss on cheek or other place,
and go on to another faze,
your heart must get what is all desire,
and i hope you can find a way to burn the fire,
it is a need this year to come,
to open your heart only for some,
no not for many but think,
it is not the person who invited you to drink,
it is the one who openly say,
he want you and only you to stay.....

Arnaud van der Veere

Always miss you.....

The day has come and you will leave the house
I help to carry your bags to the car but feeling like a mouse
Why I did not stand up to you and demand a try
But I could not see another day with cry

Today you leave this house forever and will not return anymore
You move so far away from here and will start a store
It was your decision to split our lives to see
If you could build your own family tree

My daughter I will miss you so
From the day you was born I know a moment you will go
But as a father who is still in love with his kid
It is giving him a terrible feeling and hate it

I remember the days you lay on my chest
A baby in deep rest
Listening to the beat of my heart and the rhythm of blood
Yes a father knows days will come that you forgot

A tear in my eye and a mood so bad you can cry
I start the car and bring you away so you can fly
To a destination so far from here and strange to me
That it is impossible for me how I ever will see

Oh yes I miss you my dearest of all
As father who did everything and even will fall
But must keep on smiling and wishing you luck when go
A deep pain in my heart as I realize how life will flow

Arnaud van der Veere

ALONG THE LINE

On the line of life we hang on
From the day we started as a son
The daughters are important alike
Equal rights for which we strike

The lines in life are not defined
The borders of our works not outlined
We cross the roads so many time
Hesitating is it good or a crime

Religion has brought us many things
We visited the chambers of holy sings
The lectures of who was right or wrong
And thought we could send it away with a song

But our life rolled on without the true
We looks left and right but do not know were heading to
They teach us to walk the lines they set
Starting early following the day till going to bed

Lines that makes us dizzy and often confused
Events that made us unsure but cannot refuse
Why must we followed the guided road so long
Especially when we feel that this life seems so wrong

Give me your hand and to lead you over the land
Give us time to be real a real friend
When time is passing by we learn to see
That all we have is you and me

By Arnaud van der Veere

A YEAR TO REMEMBER

A year to remember or to forget
That is the question which approached us in bed
Did I have a good year or was it bad
Will I look back with a smile or only sad

No year passes by without a mix of both feeling
Some days we are so grounded and others on the ceiling
A new year to come creates a lot of expectation
Is it a year of carrier or multiplication?

Today we party and tonight we celebrate
Tomorrow we have surely forgotten what we ate
A memory is as long as the importance of the day
Only you can decide which thoughts may stay

But do not forget in the year to come
You will love and feel loved only by some
And out there in the wide fast world you know
There will always be a place for you to go

Some arms that are waiting only for you
A place that is special for you two
When and where you go to this escape
Never forget to keep your mind and body in shape

Keep on running like a dog who understand
That we have to play with all our friend
Do not only bark but sniff around
And sometimes make a clear sound

Let the world know you with your sound
That it is you who is going around
And protect your world with honesty of four foot
Against the always returning difficult flood

A year starts, just another year we may feel
Next year this time we will know for real

Arnaud van der Veere

DANCE

Dance lady dance
when moving you give others a change
to enjoy your performance at last
cause all in life is already fast
when moving around
and make that little sound
your feet as lightly touching the ground
that is the beauty I searched for and found
give me your hand and take me in
let us dance for ever in immortal sin
never a feet on the ground to long
like the notes of an endless song

Arnaud van der Veere

TIME

In another time another world
I saw men oh so honest
so upright and faithfull
clear of mind and nothing hidden

So pure and mighty have never seen before
the power of the truth was clearly in his face
a posture like a statue
in honour and display

It was in another time another place
men was so humble and full grace
nature was his guide and rain nor stormy weather
could bring him down on knees

The power of the inner, oh so bright
brought us so much light
we had to close our eyes not to be blinded
in our dream we saw them go

In this time on this place with open eyes
we saw the truth, reality as it became
corruption and cheating alike
it is a habit of mankind today

Lets move again from here
join me my friends to another time
travel to another place
and wish we never saw it all

Arnaud van der Veere

FUN IN LIFE

Laughing in the rain is what we like to do
Holding the other in our arms another to
Having fun and be loved all day long
Will make our energy strong

You know as well as I do that positive life
Is the thing to keep a balance we strive
A moment of time pass as a blink of the eye
Unnoticed for others for whom it will fly

But that moment is what we want
We look to find it as for sand
It is everywhere on the beach and not to take
Trying to hold as much as we can knowing it is fake

Sand will flow thru our hands
As is the life with our friends
Smiling is a way to show
Love, feelings or where do you go

Your eyes can hide the feelings so deep
But I touch your body when in sleep
Some touches create shocks other more
And than I know this is why I do it for

Arnaud

FRIENDS BEYOND THE GRAVE

Here I am standing looking down on you
yes I still love you and I know you will to
dead has separated our bodies for now
but our friendship will goes on and does not bow

No we will be friends forever it will last
even now you've died it is not from the past
I remember your smile so clear
and the times you was in fear

Dead did scare you for so long
and I told you to be so strong
you've never seen the tears in my eyes
and all the times I cries

The fear of losing you my dearest friend
kept me going on my feet till this end
tomorrow will be empty and alone
the house and life is strange now you are gone

I know it did not happen overnight
but how can I accept that it was right
the pain that tortured you every day
the days of despair that made you pray

If there is a god that receives you there
tell him that you have a dear friend out here
someone that will give his life for you
knowing that you will have done the same for him to

By Arnaud van der Veere

FRIEND

If you need a friend just past by me
We will go along together and it is for free
The road is long and narrow
But we can fly free like a sparrow

Just give me your hand and let us walk away
There is no need for us to wait for another day
Let's have fun and laugh along
Express us everywhere with a song

Be my friend forever like I will be your
Swinging over the streets and begging on every door
Nothing to own and nothing to spare
People will treat us as being very rare

It is fun to share all of us
Crossing the world in a bus
Having fun everyday and do not need to care
If at days end our food will be ready there

Owing nothing in this life
Not having to share life with a wife
Or a husband who will demand
To drink his beer from a special brand

Let us swing the rivers over
Do not need to care we dress so plover
Sometimes pain will knock out door
But we will bring it down to the floor

If you dare to share my life and be my friend
We will travel life until the end
Maybe more will come so far we be
So lets start the travel and see

By Arnaud van der Veere

Fast

Poetry with fast speed
Who is the one you want to meet
Is it a person with passion?
Or the one who run after fashion
Up to U 2 decide
But what ever the answer might
It is fun to learn the other side

Arnaud van der Veere

Every morning I wake up late
after breakfast I walk to the gate
to go my usual way
nothing exciting to say
but I want so much more
this is not life is made for
I want to break out
let the world hear how I can shout
I am here and let you all know
I make life worth and will go

I am longing for so much love
and not a stranger from above
no some arms that hold me everyday
I miss that but will not pray
till you have time for me
and make yourself free
life is sometimes rolling on
and I do not know what I began

I feel so unsure of everything
knowing someone in the world find me a king
although I am a woman small
he thinks I can beat them all
why I feel so strange when he
tell me that he can see
the little light far in my eyes
but do I really feel a surprise

no he made me feel a special way
a person that I will never betray
is he a friend or what
in my mind I am doubting that
so confusing it all seems to be
and hope he will make some time for only me
waiting is all I can do and thinking deep
even wondering in my sleep

Arnaud van der Veere

MEMORIES

Dreams and memories are the same
sometimes you wonder how they cage
have they past already long
or are you in the mids and still prolong
when happy the feeling is always full
and acception must be the rule
striving to keep them withing your mind
will bring you a smile and makes you kind

Arnaud van der Veere

Day and night

Day and night my mind is flowing around
My spirit is lifted with the smallest sound
The little things in life become great events
And all because of the moments you spends

The days and nights seems to be a never ending stream
And at odd times I look around cause I hear you scream
Sometimes I stand there hours on a place
And look at cities daily stressed race

Smiling I drink my coffee all alone pretending you are here
The fact is you are so far away but you feel so near
When I come to my computer every single day
Looking for what you have to say

A message and sometimes more
Since I know you the world is different from before
Dreaming about you for so many hours and smile
Keeping all you wrote carefully in a file

And when you have gone to bed for long
I sit there singing your favorite song
Distance has become only a physical thing
Cause at any time I am able to give you a ring

Again I open your file and look at the photo
You are the lucky number from the Toto
Imagine laying in your arms and hold you strong
And making love for so many hours long

Touching your face gently with my hand
Saying sweet words that only you can understand
Softly kiss your neck again and tender
This life I am the receiver and the sender

The screen is patient and words come ad go
The cyber dream is a never ending flow
But how real can we make this picture come
Ever here happiness is only for some

Arnaud van der Veere

DANCING

The sun is shining on my head
after the rain has made my feet wet
changing weather in all parts of earth
and I wish to be a simple bird

flying around from place to place
no need to care for religion or race
when my feet just touch the ground
the steps will always make that tripling sound

like the dances of life I cross the river
mountains and more, till I shiver
not from cold, fear or else more
but to show the dances I have in store

enjoying life is a rhythm of love
that will go further than above
no gods can stop this feeling
and will make no one tumble or wheeling

the dance has no steps and fits who ever
the one who starts will never stop forever
close your eyes and feel the rhythm inside
be sure to handle it right

start with only little steps
never with the big ones or perhaps
you fall and drawn again in cries
the dance must continue as often as I flies

Arnaud van der Veere

SHOCK

When I entered the room I know what I will see
your pale face in that coffin still shocked me
so young you died
so many people standing here cries

Dead has shocked us so deep
but you the same as when you sleep
next to me your body so warm and close
now any touch is like you froze

So cold your body and it seems so far away
already you're gone but the body stay
why did it happened just to you
yes I accept it will happen to me to

When I close my eyes I still remember your smile
the way you moved your body, your style
the nights we spend so sweet and longing for what to come talking about the future
and where we come from

I see you smiling and your laugh still fills the room
when I open my eyes again I see the doom
a corps so empty and cold
as your soul that has been sold

Today we will burry you for ever
and I will see your body the last time and than never
when the ground close above your grave
I will try to act strong and being brave

Inside I lost my friend and ones love
to the ubknown ones so far above
they give and take when they want
not caring where it all will land

My tears are running down my dear
I must go now away from here
tonight I will not sleep again and see
how ones you did hold on to me

By Arnaud van der Veere

Shivering

Cold, so very cold it is in here
Looking for the sun to warm
Or shall I run for it
Keep the body warm
I try to move
But my sheets are working against me
Suddenly I open my eyes
The ceiling is still the same as before
Alone in the room
You're gone
Still the smell is in my nose
Wondering what you are doing now
Tears running down
Miss the warmth of your body
But it will never return
You're gone
Today I buried your body
And let your soul to rest
You are happy now
So why I am crying

Arnaud van der Veere

RACE

An interview on TV and guess what I see
So many people arguing and some strongly plea
In thousands of years the topics are still the same
Where do we go and from where we came

But I see some eyes are turning towards each other sweet
There are ways to beat the cultural seed
When the plant is grow toward the sun
We have no ways from holding it to run

No race has its defenses to love at first sight
And even apart we will not stop to fight
Beating all the odds we continue to feel
That the love has crossed the racial borders is for real

The nights we spend together never ends with just a kiss
For hours we can look and talk and know what we miss
Hands start to move and touch your skin
Our eyes show that we are ready for what others call sin

But love has crossed our borders and eager stay
We want to show our love to each other without anything to say
The night is young and we feel a need for love
Our eager is high and no one can stop us from above

When looking in your eyes I only see you want
And both we dream of laying on a beach in sand
Feeling hands all over and kisses go
Before we know the night has flow

In the morning we still see no racial different there
We feel no patient and wish to go anywhere
But stay and feel each other more and more
Surely even in the future we will not feel bore

Arnaud VAN DER vEERE

OPEN ARMS

With open arms I approach the world today
In my speech I announce how much I love to play
To enjoy the days that come and had past
Yes I feel so pity things are going this fast

A kiss, a hug and more for love
The moments we cherries as a god from above
We wish that they stay forever and on
But when I look up I see the adult eyes of my son

Time has past so quick and we cannot control
One moment we walk in ice the other sit under a parasol
The speed of time seem unlimited strong
When I wake up everyday I ask myself how long ?

I hold you in my arms and feel the beating of your heart
To keep concentrating on the top and not the underpart
Is difficult cause love is not only tenderness
And with so limited in time we easily go for the excess

But sit down and let the mind come to a stop
Let silent moments concur the inner beauty top
When being strangled into each others arms
Think that time now only gives us something warms

Arnaud van der Veere

NEW YEAR

Happy New Year to you
Next year we will see where we have been to
Last year was so complicated and full
Hardly had any time to feel dull

Now we enter the year of Rooster
Must we see it as a booster?
Or just another year to come
But again we will have to fight for our freedom

Did you read the fortune teller tale
Make me feeling sad and looking pale
Another love affair has promised and more money
But I do not believe in talks with honey

What year it is going to be
It makes me curious you see
The mystery of time is so attracting
Knowing we are part of this interacting

But thinking of it as a pool of unknown stories
A long trail of high filled Lorries
We must face reality with open eyes
Even we know it will bring us many sighs

A Happy New Year to you my friend
And promise me to tell how yours have end
Was it a dream or another year
maybe you were wishing to be here.

By Arnaud van der Veere

Never knew nights can be that long
Yesterday evening I met you in the street
It was a strange thing that we ever meet
So much is different between us
You are always quit and I am in a rush

Time seems to have stand still since the dawn of the sun
I smashed into you in my usual run
You fell down and hurt your head
It was so stupid of me and did not know what I all have said

But you was not angry nor surprised after the stream of words
Softly you spoke your words that seems to me like accords
Suddenly the rush fell of my shoulder
And realized it was getting colder

My invitation to come and drink something inside
Was gently denied
You had to go to a meeting but wanted to make time later on
At once I had the feeling I cannot lose you before it all begon

What could I do than trust you
Fearing you will disappoint me to
But at 6 I saw your face when coming close
So different from all of those

Who passed in my life
Cause I never could have any wife
As my life was running and struggle from the begin
No rest or time to enjoy or even to commit any sin

You are like the wall I have run into so hard
The one I should have met at the start
So cool and relaxed, in fact serene as the sky
Yes you are the one with whom I wish to die

In the morning I closed my eyes feeling your arms around me
Trying to imagine life without you but failed to see
How could I continue just alone on this life
Without having you as my wife

I felt the knife coming slowly in my meat
My chest was burning from the heat
I opened my eyes and learnt that dead was here
She was the beginning end the end and I had no fear

She killed my body for the soul to live
That is all what she wanted to give
Her life now continues in love for long
And my dead made her again strong

My dreamy eyes

Into your dreamy eyes I plunged my soul
We are moving towards the same goal
In different ways we try to find a way
To make the other one's love to stay

Worried as what we are for the loneliness
Missing the nights with our mutual loveliness
The kisses and the strokes
With the ones we have tried hard to provoke

To stimulate your desire and need
So my physical attendance will come to the deed
But looking into this dreaming face
I think you want some man from the other race

What can I do to wake the fire
To receive your passion and desire
Is this just we continue this way my dear
I want you right now and here

I cannot wait for you my entire life
To receive you as my beloved wife
Life is only for so many year
And my physics are limited by the gear

When growing older I will not able to give
All the needs a loving couple has to do to live
The days getting shorter while I sit next to you
And in your dreams they do the same for you too

Again and again I try to wake you up from this
Finally I'll give up and walk away from what is
And will look for what will come on my way
Cause this is no place for me to stay

Arnaud van der Veere

MINDFULNESS

Knowing you must move on day by day
And doing the things you say and say
Life seems sometimes so complicated
And we all get frustrated

But we need a light a target to go
And some arms to be hold or tears to flow
Feeling the warmth of our bodies
Before strolling on true the concrete trees

A kiss can make the difference for the day
And in the temple it is for what we pray
That the kiss is not just for the moment here
Cause airy love is all we fear

No we wish to hold on forever
And choose the partner that is so clever
Has the brains to understand
That I am not looking for a friend

It is your body and soul I am going for
And will crush all other wishes door by door
Defending the love I want to own
And put you on a high thrown.....

Mindfulness in love is difficult to create
Love is a very emotional state
So can we reach the utmost goal in life
By sharing it with a wife

Or is the man the weakest part in the relation
The one who will easy fall for temptation
The Buddha gave us lot to wonder
And in the night we consider who will be up or under

By Arnaud van der Veere

Massive

Trembling body, muscles in pain
Suffering for year, has it been insane
But we must go on what ever
We cannot give up, no never

Walking hand in hand like in the desert
One pulls the other, we got to keep on moving
No time to waist or stop for rest
No food, no fear and yet no gear

We found that together we can do it
Once we were able to look and sit
To trust each other again a bit
Cause we have been thru a lot of shit

Muscles strong and flesh to weak
We needed the love so hard to freak
Some things we did were mad and strange
We crossed borders on the range

But when we are so near and warm
Just closed my eyes and felt your arm
Your skin so hot and trembling
As we were busy with the unknown assembling

To become one and inside each other deep
We kept on going until we fell asleep
Not one ever saw us being together here
We are so deeply in love and do not know fear

It can be we shall take more time to be
The wish we had in that big tree
The day we met climbing oh so high
And the following nights we reached the sky

Close your eyes my love and let us continue
With our feelings that are true
No time to waist for us anymore
We have not much left in our store

Arnaud van der Veere

SHOCKED TO THE BONE

Phone was ringing twice
I expected a friend so nice
But the voice on the other side
Made me scare things where not right

He mentioned we are facing a hard time
Although we had commit no crime
The bank postponed our money
Even I platted him with honey

He was sorry he said
Tonight I will not go to bed
Wondering around to find what went wrong
I did not make much mistakes that feelings getting strong

In fact every move was right
And I know I saw the light
Not of gold blinking in the sun
But of prosperity that makes people run

Again I close my eyes to see
That working hard today is like "Wounded Knee"
A battle lost before even fairly fought
Tax and all other expenses get you caught

But the darkness of my soul
Seems to play always a small role
When fighting spirits takes me on
I will be back to to start were I begon

Arnaud van der Veere

HEAVEN

The way you look and face the heaven right
shows that in this life you also have tried
to reach a goal so high and strong
that I want to honor you in this song
where others failed the test and fall
you best it as the best of all
but the more I reach out to touch your hand
it feels to me like touching into the sand
my heart is crying to have your soul one day
but oh so often I can only listen to what you say
my dear if it is not today you want me
than set me free and let me cross the world sea
and one day I will return and challenge you
to see if you want me or all the others too
the world my friend is not a lonely place
but my feeling for you has so much grace
in my heart there is only a little space for rent
that I will save for the children to the end

Arnaud van der Veere

THE OTHER DAY

In a sense it is true that what they say
Everything is fine on the other day
Things those are complicated here right now
Will be solved the other day before you know

Oh yes we have passed so many trouble with a smile
The road ahead was often so much longer than a mile
The mountains became high hills and weather terrible
When slowed down flatland came and all was bearable

With open eyes I walked in many traps in many way
No matter how I turned and twisted or role I play
The tricks were even obvious for children eyes
And it did not help to laugh or how much I cries

All became better and gone far from the begin
The start of this road was already a sin
We have bent the way and now we get along
The long time we take will make us strong.

Arnaud van der Veere

WORDS

thank you for your dreamy words
they sound to me like peacefull accords
a dream that hardly can be realised
and the source for many to fantasize
we all wish a worl of peace and harmony
and get it without leaving the tree
but the older we get and see the reality
how often we want to say is that hapening to me ?
i want to thank you for your wish and blessing
it all is so much more than the thirst lessing
here is the hand that wish to shake
have a happy life for gods sake

Arnaud van der Veere

SPAM

Everyday when I open up the box of faith
You see them running in, passing every gate
Disgusting stuff for advertising
Makes you hear gets rising

Oh if you believe all what they promise there
You will be the hero every where
Loads of sperm splashing all around
And the big boobs they sell make that awful sound

And you go on deleting all that shit
Cause you know that no one will stop it
A headache can be solved by just a pill
Irritation and time is all this stuff fill

Wow did you see this super add
If you do not buy it you must be mad
But if you do your lost your bugs
Sure you know al that stuff sucks

But what else we can do than just leave it go
What can be do to and this borderless flow
Find the guy who send it all
And make him loose all what he has and fall

Maybe to hard cause it is his living
And we receivers must be forgiving
So any idea how to stop this misery fast
Or are we doomed to accept this at last

Arnaud van der Veere

Sometime I close my eyes,
Sitting still and looking wise
My mind is floating everywhere around
My lips are whispering that tiny sound

It is a dream I 'm looking for
Not for sale in any store
Just a fiction in my mind
But I'll keep on looking till I find

Don't know what it is that I always miss
Longing for a body or a kiss ?
But than my mind set on a tour again
Sitting on a holy site and shout amen

Twisting faster than the light
Going from one place to the other sight
Watching all the eyes that look at me
Knowing that I feel really free

The rhythm of my heart goes fast
Speed up my thoughts to learn at last
That nothing goes that slow
As me trying to make my body go

Arnaud van der Veere

SOFTNESS

When I close my eyes my hands reach out for you
Automatically they go for the places were you want me to
The smile on your face makes me wonder how you feel
Specially at moments that I kneel at your feet

When I look up and see the swellings above
My body is shaking and I know this is love
The warmth in my heart and boiling blood streams
The veins in my head that are make it all seems

What are we waiting for is this the special moment we want
Or are we moving till we find the perfect stand
I want your body as much as your mine
Both are drunk like we drink to much wine

The more we are closer the harder it get
To take away the feeling that I want you in bed
I want to be all over you every day and night
And the next day lying lazy to wake up on your side

Feeling the inside of you is all that matters for me
We listen to the soft music of birds in a tree
But all my ears can hear is the rhythm of my heart
It acts like crazy and if it falls apart

And than our bodies combined like one
We know when we started and how it all began
My eyes are so cloudy, can hardly see
My desire for you is killing me

Again my hands touches your soft skin
We have been busy for hours but I have the feeling I just begin
My hands starts to move and massage your hands
Than I realize we are no longer friends.

Arnaud van der Veere

SNOW

Watching the snow slowly come down
The white beauty in the threes is like a crown
Light shining on this surface
And shattering away without a trace

Children enjoy and cry of fun
No body bothers about the sun
The cold affects no ones mood
A playful smile makes it good

We are happy playing in the cold
Throwing snowballs to the bold
Slippery it gets along the day
Making people lost there way

It is cold and shivering makes place
You can see the lining is there face
So cold it hardly can be told
And thousands sweaters will be sold

But than at home in front of the fire
A glass of wine is all we desire
And thru the window we look outside
Feeling slowly growing a sense of pride

By Arnaud van der Veere

THE WAY YOU LOOK AT ME

Life has never been easy on you
even your love life have not seem to be true
it is not fair you wasted all this time on me
when I think back it is the only way I can see

You must hate me deeply by now I guess
after all thinks that have pass
the days that has gone by in vain
have driven you nearly insane

sometimes I wonder why I came on your path
was it a coincidence or much more than that
some people call it faith or the lords way
but I do not know in which hole to place it in my tray

I am trying to imagine being you
closing my eyes and feeling blue
the warmth of your heart and your smiles
yes it made me run for many miles

But when I imagine you in tears I feel
that picture is not right but so very real
I was never planning to hurt you dear
my wish is to hold you on my heart, so near

but the closer we got the further we move
the deeper we get in life's groove
can we become friends or we will leave each other go
I am wondering what will bring the river flow

will it move and take us far along
and makes our relation more strong
or drift us far apart and leave a memory
leaving us nothing else than carving your name in a tree

Arnaud

Sport

Sport is emotion
you not only see the body in motion
your feelings also crosses the ocean
the taste of vicory is as poison
it polutes the brain
and makes most people insane
reactions become so strange
and bring so many out of line over the range
winning is a temporary event
which can bring you enemy and friend
but the core of all is to know
what is the way in life you need to go

Arnaud van der veere

What are you going to do ?

When the sea raised its voice
And left us with no choice
Than just to run for higher places
It took away all we had and left just traces

The scares of moments of disaster
Will not heal with only plaster
Lives are scattered into peaces
And over time the pain increases

But what can we do
No god to turn to
All have let it happen that day
Even after all the time we did pray

Moments of silence in the world around
The waves of shock still sound

By Arnaud van der Veere

WHEN THE LIGHTS ARE TURNED OFF

Darkness comes over us when lights are out
Some of us fear the dark or even over cloud
You wish to shelter and offer my arm
You rush to my side and also keep you warm

It is nice and cozy to be with you in this room
Alone in the dark sitting and waiting for doom
Faith has chosen us to be here at this time around
And darkness has created its ultimate scary sound

Your breathing is changing and becomes faster
I start to be worried cause maybe you expect a disaster
But then your lips come closer to my ear
Softly your voice whispers that you no longer fear

The sound has changed and seems to me new
You whisper things that I only have heard from few
My heart is pumping faster and ears are getting red
You are so close to me but I feel a kind of sad

Maybe when the lights turn on again the distance will increase
I want to keep this feeling, it feels like a disease
Warm, cold, fever and flushes go thru me
Eager to take you and wish you will see

Flash the lights are on again and you realize
The position you are in but still you behaving nice
You are not rushing away or screaming
But instead closing your eyes and let us both keep on dreaming

By Arnaud van der Veere

VALENTINE

Come closer my dear, today we must be here
Together in one room close without any fear
Full of desire and passion
Wearing under and over the latest fashion

Red roses cover all your body and floor
Your red painted lips only wanted to ask for more
Today is a day of fire and love
We have no care from messages from above

It will be only you and me
And your body is all I am able to see
Your head is in my hands and kisses come natural
Our body movements are strange but have nothing cultural

We are in love so deep it can go
Is it only this day or will we have more to behave so
Strange the fire makes my blood to boiling high
And my head seems to reach higher than the sky

Both of us are full in fire
Let us give over to what we desire
Today is a day we can give all we want
And wave around with Valentines sand

By Arnaud van der Veere

UNKNOWN

Hidden behind my hands I am standing against the wall
It is difficult to be well-known in a very busy hall
Sometimes I want to hide myself in the mountains high
Or flying away in an airplane across the sky

Being famous or known is for most to desire
But when being it sometimes it is as a fire
Walking around in busy street
Can be a direct attack upon your feet

Running up and down to avoid the growth
Who wish a peace of you and will to get you in a bout
Did I want to be famous or did it happen overnight
The road was long and an intensive fight

Ones I was unknown like everyone a number no
But I wanted to be different and guessed the road to go
No one could tell me what were to go and what to say
Impossible to get a teacher to tell what role to play

I like what I do but fame is noting to strive for
It comes on your road when be in public more
All is temporary and will flow away
Only few will enjoy there name to stay

Who I am and how famous I am for you
Ah why to bother if you know me to
As long as you know my words to read
Unknown but I have planted a seed

By Arnaud van der Veere

Underneed

Some little fly was crossing over a flower
and did not see the leaves of power
the mouth went open and seduced the fly
so full of honey the little one could cry

and yet it sat softly on the edges to eat
for the flower it was nothing else than meat
it closed the leaves and swallowed little thing
leave behind the spots and a small ring

what one was a little fly
has now become food to die
but as the word is said before
and often will be said more and more

to survive we have to kill
if not like the flower and against our will
we move on till we reach the target of life
hoping success is equal to our strive

so we move on from day to day
from place to place without long stay
as we're on the move for all time
sometimes it's like honey or lime

but all the time we are busy with the mind
being not always able to be kind
it is not all we possess is what we are
it is in the mind that comes from far

so far away and yet so close
like the silence of the pose
no movement but speed so high
like all the times we fly

we welcome you here and now
and bless your stay like the holy cow
you are more than welcome to stay
wondering if you will ever return to pray

Arnaud van der Veere

Total fever

It seems so cold in bed after you left
The night passed by as never one before
I met you just a day ago but I already miss you
Why did you cross my path and turned around

You stole my heart and I feels like theft
My body is in a fever and I have no control anymore
We spend the night and will be remembered only by us two
Will you share more with me or only made the sound

The passion of the hours passed in lightning speed
So many flashing balls in my head when you sit up
Your body moved so fast and yet so slow
I cannot even remember the moments we both did come

The only thing I know is that I have planted a seed
Oh I want to see again your hands when you lift up a cup
Again I look to the door and think must I stay or go
This ecstasy we had is only reserved for some

Arnaud van der Veere

Meeting

to meet a strong woman is one thing
to discuss topics is something we bring
I know you do not agree with so many in my blog
but I try to find a way to create a flog
does it work or not is worth to try
and when it does not it is easy to fly
just lock the world out of your box
and life with the standard of the fox
is not one of a man with currage and will
hide like a weasol and pretend to be ill
no I approach every one with open mind
and always hope that I can find
the best or better and fine
so I'll be able to call you a friend of mine

Arnaud van der Veere

THINKING OF YOU

Staring from the window with empty eyes
People who are watching must think I am unwise
Maybe even lost my head or just my mind
Eyes so empty that my vision is completely blind

But my brain works overtime on you
Trying to figure out my life and were I am going to
Since I met you all the word has changed
My life is upside down and everything re arranged

Why did you come into my easy life
The last person on earth who was looking for a wife
No not me, I will never marry anyone particular
Falling in love is a joke and seems to be spectacular

But that single kiss of you made my legs weak
The night we spend was more than I did seek
You seem to combine all I wanted in one
The body, mind and love from before earth life began

Were have you gone my dear
I know you are not from here
But give me a sign of where you are
I will leave this place, this bar

Following you over the mountains through the sky
You made me so mad that I think I can fly
With open eyes closed for the world I see
Only a picture of you and me

By Arnaud van der Veere

THINKING

What will the world be without me
Will it be a better place and more free
Maybe a place with peace for all of you
Another world or maybe a big zoo

Did you ever think what your existence brings
Is this human life more value than the bird's wings
Sometimes I want to fly over mountains high
Like that great bird in the sky

Oversee the world ones in a while
What did we archive is it more than a mile
Which distance did we travel
And what did we reach

WORRY

Sitting on your desk I see you worry a lot
It seems every time you are scare to forgot
Two hands cover your lovely face
To protect it from the everlasting time race

When I hold your body your eyes stare to far away
And we are talking you seem not to hear a word I say
What is troubling your mind
I am really trying to be very kind

But the more I try the further you are turning aside
My hands are all over your body in the night
When I kiss your eyes are turning away to avoid contact
Passion has left our bodies and soul that is a fact

What is the reason from this sudden change are you in love
Has another person taken your heart or you want to be free as a dove
Your friends did tell me you do not see another man
But I need to figure out the reason as soon as I can

By Arnaud van der Veere

Changing time

Feelings are unpredictable and strong
many are only able to express them in a song
but keeping such high tension cannot be for that long
like the strings of the violin the tension fluctuates
and the listener evaluates
some moments his blood will rise to limits high
and other times the mind will reach for the sky
but only when the hands are hold together
and time nor space does not any matter
you close your eyes and feel the mood
and hope with the one you care it is good
than again feelings come over like a flood
wondering if it is from the heart or head
and trying to figure out happiness or sad
the twinkling in your eyes
takes me over the clouds in the skies

Arnaud van der Veere

25-09-2006

Mind and matter

I wasn't teasing to trying to change your mind
just wondering how to be kind
it rarely ever happens you meet someone strong
that is able to communicate for long
and if you meet that person grows so fast so deep
that it is difficult to let go without a peep
no it is not a matter of fall in love
not yet cause I am still much above
no meeting took place so only know a flash
and love is like an internal crash
for me to win a friend and think of losing her
so fast and still so real is not fair
a mix of emotion is streaming in the head
and altogether makes me a little sad
but I know I have no right at all
to guide you when walking or even fall
not even hold your hand to lead some day
they only thing I can do is just to say
within this short time you became so dear
althrough you are not here
I care and feel good if you do also
and maybe than we know were the road will go
but only after we shake hands and drink
we can plan for a road and think
clear of the future in our hand
that will maybe take us from our land
and sail rivers and seas over to realise a dream
and we will see if it is a realistic as it seem

Arnaud van der Veere

21-09-2006

Joyful and happy

The other day I looked of the window to see
Does the coming mailman had any parcel for me
It was funny to see how the woman carried the heavy load
As she walked to my doorsteps like a boat

When I opened the door the mailman took of her hat
The long hair fell down and took my breath before she said
“mail sir, can you sign ?”
And the only thing I wanted was her to be mine

The reaction was simple and clear
Sir do not bother me more and just sign here
In my eyes it must have shown
But before I talked she was already gone

Days and nights I waited for the next parcel to come
I even went out to sent me some
One day I saw the boat coming to my door again and ring
I was so happy that I began to sing

The same routine like last time she did
Took of her hat and shit
Her beautiful hair was gone, short she had
In the beginning it made me totally sad

Than her eyes looked up to me so bright
That I asked her out for that night
Now so many years ago it started this way
And she is still gonna stay

The moral of this story is to expect the unexpected every day
It can help but I think you do not need to pray
Open your eyes and whatever is your wish
Never step back to give the first kiss

Arnaud van der Veere

Friendship grows

In the days that past
We have learnt at last
That friendship is more
Than a ghost as before

We have learnt to look into each others face
To know how much we have left on space
A feeling has grown like a flower do
And be sure it is mutual to

The process has started and cannot turn back
Like the language in your traveling pack
But the warmth of a growing relation is more than a smile
The contains of what we are doing will last for a long while

We have reached out hands and touched for a while
The road started narrow but became wide as a file
A twinkle of the eye is from now on enough to see
cause this friendship is setting both free

Arnaud van der Veere

In darkness

In darkness my soul arises to such extreme
That control is so far away it seem
My blood is boiling like a heat wave
And being with you is surely not safe

Looking at you without the eager is my eyes
Is not possible but do you find it nice
Like an animal I want to tear off your cloths
And the aging of my body can not felt by those

My own cloth are burning on my skin
Oh I want you so hard that I wish to sin
Slowly my hands move up to your breasts
I can see them shaking and cannot feel rest

These hands only want to undress you fast
And take your naked body at last
No more talking but action alone
I have to apologize but I am not stone

Seeing your naked skin even a smallest size
Makes a special part of me taking a rise
I know you can see I am overheated for three
Than I move forwards and only want you to see

Knowing now your eager is like mine
And your emotions are drunk without wine
Your body starts moving and willingly seek
In your burning eyes I see the longing of the freak

All undressed and warm new move into each other
Smoothly the skins sliding without any bother
Sweat is making it all easier to feel even more
And you touch all parts I have for you in store

Your tongue is touching my lips
And my hands moving all over your hips
With closed eyes we find all we need
And take every angle to feed

Our moves go on for hours and the night
The darkness makes that we do everything right
No hurry my love we must take time as it is
Bend over while you sit on me for another kiss

Arnaud van der Veere

Difference between man and woman

the differences between man and woman
are not to be solved but are at the roots of when all began
no one will ever understand why we fight
and make love in the night
to wake up with a smiling face to start the daily race
and when come home after struggle hard to look in the face
discuss days work at length but never listen long
to create the anger of the other and make it strong
so later on at evening time we sit and watch
often not willing to even touch
still thinking of what the other is doing wrong
and try to listen to our favorite song
just before we go to bed we meet in bathroom floor
hoping the other will not do too much more
so we can take the room alone and study silent
the days that has gone by and feel violent
cause we know a day has past again away
and our youth is not here to stay
feeling a little down we watch the mirror for a moment
see the familiar face to learn time has gone mad
slowly move to bed in hope you feel that warm body next
so you can turn over in your daily flex
and suddenly realise
your attitude has not been wise
the body has gone away from you
and you will never know where it has gone to

Arnaud van der Veere

Daydream

Nights are dark and often alone
it is like the spirit of love has gone
when laying on my side and watch the empty side
than doubting heavily if the decision was right

not running behind you anymore
and ask myself for what I do this for
or sweating my body and crawl over the ground
trying to get you in to a solid sound

reaching out hands day and night
and shutting up to silence another fight
now I found someone else so dear
that every night I wish she was here

but so far away she is and cannot fly
my mind is busy finding every way to try
rest is something my body cannot feel since we met
not when I work and surely not when I am in bed

your face is like a ghost haunting me in the night
and I try to keep on telling myself this is not right
but the feeling is growing stronger every day
and the eager to fly makes it harder to stay

what to do with a restless mind
searching for opportunities and hoping to find
but all we need is money and time
and if I find that all will you be mine

a question that stays and flies everyday
sometimes loud and others as if I pray
how to concentrate just on my work and do
and silently the hope that you feel the same way to

Arnaud van der Veere

Dancing in the rain
It makes me insane
Dreaming of love
And help from above

Never expected
To be infected
By the fever of wish
But now want it to be is

Not future but today
No question you must stay
No demand
But a want

No violence to you
No screaming to
Tender care
And a loving affair

Your eyes look clear
This is what you want to hear
But you still do fear
That it is not from here

A hand on your head
Makes you a little sad
You wish so much more
And had that before

Now only the shadow
Flows over the meadow
A drop of rain
Shows what you can gain

Arnaud van der Veere

Believing the power of the word
the strings of a music accord
and the sound of shouting eagels high
the will to get up and fly
i want to tell you so much more
and give you love as before
sitting here in this place
we will never share anymore space
this is only small
with on each side a solid wall
we defend the right
and put up a fight
when we need to be
from two to three
each move we make
is a heavens shake
in this small space
with a heart at pace
not more we need to see
this is where we wanna be
inside out, upside down

BAD DAY

A bad day is when things are not connect
When things all go far from perfect
In the morning when I wake
Feeling that the day will be a fake

Want to lay down again and let it go
Leave time move over me in a flow
Hoping it will not affect me today
And keep on moving away and not to stay

Slowly moving out my bed cause so much to come
And hope that I will be spared unlike some
That danger will not cross my path
And does not make me sad

It is just another day so let's move
Get the rhythm and the groove
Do not think too much instead
And let time run past me so I can get back to bed

Laying on my back at the end
I only can think, wow I really miss you my friend.

Arnaud van der Veere

Angel on the run
There's an angel flown away
The little devil did not want to stay
She moved with the water from here
And took all my beer

Ashamed of this disaster
I wanted to be my own master
Created a group of souls alike
So next time I could strike

Are angels real or fake
Please tell me for heavens sake
Wanted to hold her again on my chest
And work for her at my best

Even she was a devil
I wanted to be at her level
Leaking her jelly
On my belly

Holding her so very tight
Every night
Let the dream be no fight
So angel be at my sight

Arnaud

A road to heaven
When you count to seven
You can find a road to heaven
Before your eyes
It is so nice

On a moment in the park
Soft lips brought me a spark
No voice was needed for the sound
It made my world go round

Like a bomb went off in my head
And many voices together said
I want to share so much with you
And know you want the same way to

So walking from the stairs that night
We both know we did it right
And turned in a new way
Knowing destiny makes stay

As strangers we met that day
Both did not know serious or play
Talking for hours in a row
Checking for real or show

Found that tinny little light
And felt all was very right
Never leave you from my sight
And spend with me all night

Life can be short or long
Together we are strong
And life is just a song

A NIGHTVIEW VISION

Last night dreaming in my bed
Recalling all the things you have said
Fever in my back and parts to erect
Shivering and wondering how we will have sex

Wondering how warm is your body now
Trying to feel the moves of you when you bow
Feeling how your body takes mine into it
And wondering how strong we will fit

Isn't it a wonder we have met
Longing for each other when we are in bed
Eager to know so much more you have in store
Thinking of making love with you as never before

Each night your face come so close
Every time I feel the tip of your nose
My arms reach out to hold you thigh
But than you disappear in the night

How long can we keep up pretending
And do I try to reach you with love by sending
Oh how long will be our nights when there
And can I make love with you everywhere

The stiffness of part
Makes love making and art
And the sounds you will make
Will leave no room for a mistake

Our bodies collide in sweat and cream
As long as we want and forever it seem
Let us work toward that day
So we enjoy each other and stay.

Arnaud van der Veere

A lie
Is like a spy
It creeps upon you
Hurt you too
Like a blade
It is faith
Swinging around
Making awful sound

Close to destiny

When a word passes the lips fast
Often we want to get it back inside
Words can be sharp and not right
And we want to be friends till the last

In action we show
How far we are willing to go
Are you alone or with me
A situation to let it be

Some days we want to share
Others we do not care
But after all it takes power
To open the shower

Accept that we are weak and in need
Not like animals who operate in need
Or plants who spread their seed
On our company we feed

You and me

***when you meet and greet,
have the honor to dinner and end,
keep in mind the time you spend,
the person who will share,
your food or end,
so share the fruit and stake,
with the one who make
and the coffee and cake
with the one who take.***

WARM

By Arnaud van der Veere

Warm is my body and I am turning around
Restless are my nights and making a lot of sound
Others are watching me
And do not believe in what they see

A man so peaceful in the day
Is so restless in the night they cannot stay
What are the dreams are all about
They wish to see what is behind that misty cloud

But better not to share my inner life
With friends or just a wife
It may be all to risky telling the whole story
Imaging the eyes when I show my time of glory

Better not tell them why I sweat a lot
It is a very long story without a plot
When one meets the other soul
Both are eager to reach that final goal

Some days I sit and watch that body move
Still dressed to kill and with that groove
The eyes burning like fire in the rain
No limits, no hold backs and no restrain

But I know to touch that skin
Even a little would be a sin
A disaster for us both alike
Yes the result will be more terrible than any strike

But dreaming and to image can do no harm
Like walking in the corridor just to touch her naked arm
To get that little naughty smile on her lips
Turning my hormones again in an eclipse

This game will go on forever
To collide in naked pursue will happens never
But the dreaming makes both so very strong
On the working floor nothing is allowed to go wrong.

WAITING

By Arnaud van der Veere

Sitting on the seashore for long
Listening to the sound of the monotone song
The sea just comes and goes all day
Not caring a bit if I go or stay

Some nights I sit alone watching the lovers passing by
So sweet when the first kiss comes and both are shy
Hands that do not know just where to touch
Unaware of all the others who watch

Suddenly they realise and open up
They are in the middle of this empty club
With all members looking for the same
A silent place to play their game

But so many are gathering together
All wishing this relation will be much better
The last started so exotic to
But all have ended in a flue

The fever of the pain and hurt in heart
Went like arrows and filled with smart
But the passion of lovers comes and goes
Like the sea which waves do flow

My date is waiting for me
In the shade of a tall tree
A kiss, seems to take hours to make
Learn that more is in stake

This night will not end that fast
I feel no hurry like in the past
Everything must be done slowly and with love
So the in the end we will fit like a glove

Time and time again I try
Most people will given up and cry
For me I push on to the end
And want to find a person who will send
A declaration of friendship or more
And do not let it end as all before
With only a word or smile
And contact for just a while
No I long for something strong
A relation for very long
Not done in a flash
And than let it crash
I am not in this just for sex
Than before we start you are my ex
We both know that life is short
And we can do this as a sport
But how about what you feel
Do you play or are for real
Read this message more often
And let your soul become soften
Reply to my words and see
After a while we will agree !!

SWEAT

In the night often I wake
Sweating of the dream snake
The tangles of my mind complicated
The words I use are sophisticated

In the nights my worries show
But in the day I show the way to go
Holding my pillow tight
And daily ready for the fight

But as fears I show up my pride
I am always wondering who is on my side
It is scary to know what will come
Even I hope to be successful as some

But I know I am not born like that
The thoughts can make me sad
Working hard, playing straight
But time is fast and cannot wait

Is the glass now half full
Or empty for the bull
I want to run away from it all
But I know the further I go the harder I fall

In the night I run and hide
Longing for the one to cover my side
Is this life than only money to count
When starts life to play another sound

Arnaud van der Veere

STRONG
By Arnaud van der Veere

Muscles like rocks so strong
To make them you need to work out long
They do not come overnight
And the ones who have can feel some pride

But how many do understand the wish
To express strength as giving a kiss
It is not the muscles that made the man erotic
The combination with the brain that made exotic

A real man is strong and wise
He wish to bring the woman to a paradise
Not just a come over and lets go
No the play take long and emotions flow

Strength of training bring hormone level high
You cannot say in the middle of a training just bye
Results come only step by step
To come that far you have to pass so many trap

Nothing come just like that
Discipline and daily early to bed
Food in time and carefully selected
Make the man strong and erected

Yes the hormones will grow the natural way
With some so much they are eager to play
They take hours for you and make you stay
After that you are very sure they are not gay

The body strong but hands are tender
Make that you only want to surrender
Give gladly all you have for every hour
To end up finally in the shower

STILL

*mouth shut and staring eyes
like a rock no movement is the face
shocked she was in any case
discovering that life was all but lies*

*the brain did not wish to function anymore
she left the body long ago to sit
her mind went to the other world out of the store
her mind and body had to split*

*the shock came to sudden and was so hard
he died this morning in a crash they said
this morning you left him in your bed
you met him yestarday and hoped for a new start*

*you spend only few hours so close
in the night he had given you that rose
you even do not know his family name
he never told it since he came*

*he died without a name to you
not knowing were from here to go to
he came into your life and filled it up
like splendid wine in your cup*

*both waisted no time and took it all
there is no sorry and will be no ball
nothing more than only memory
nothing left not even a picture from the "we"*

*you sat there for hours long and no one seem to care
police came to remove your body from there
they took you to the hospital for check
a body with a broken neck*

*no waking up this time
you was a victum of a crime
they robbed you when in shock
and stopped also your clock*

*angels all around you see
it is not the earth were you flee
you left the earth and died in vain
left others to get insane*

RIDING

A horse with no name
Changed my life when it came
I sat on it for hours to ride
The horse didn't take me without a fight

Laying in the grass remembering your face
Yes, the beauty of the other race
Your eyes so small
Like a tower you sit on me so tall

The horse came and pushed you a little
He wanted you to sit on the middle
A ride must be a pleasure for long
So the rider must sit tight and strong

No saddle that protects you
It is a matter of two
No one will watch when we're riding
And at the end you will take a sliding

All muscles must be on tension

Painting

Colors that match
Like the field of patch
Show your emotion
And never lasting devotion
You are the light
That turns on at night
Give me inspiration
And realization
To continue this way
With sweat I will pay
Efforts to be close
And never as those
But like in your stroke
I will provoke
The meaning of life
Is not only the five
Elements of the universe
Not even the perverse
Humans we are
But alone the road
Our love will float.

Arnaud van der Veere

No exception

For all of us the walk is just the walk
But we cannot say a talk is just a talk
Meaningful or empty but words can do
More than any weapon can do

For you a word on a wrong moment
Is the beginning of the end
Even said with an undertone
It will resound when you are alone

Again and again you hear
Especially when nobody is near
The words resounding in your brain
Taking your feelings down the drain

But know there is a moment for you
Taking revenge is an option too
When that moment comes you are clear
The kill must be now and here

Your sword is ready for the fight
And knowing all right is on your sight
You look and see
Is that me ?

Is all of this worth someone else its life
Consider your faith is your drive
You can make the final blow and end
The life of just another maybe friend

I know you can do it within a single blow
But after that what road to go
Will you be happy and secure
Can you life with a mind never be pure

My dearest you are you in just one piece
Never ever let a stranger nor your niece
Take you down the path of crime
Cause that is not worth a nickel nor a dime.

Arnaud van der Veere

Life is consideration
Life is just a life
Even married you are nobodies wife
You are entitled to be free
And no one can definitely refer to WE

We are born alone and die alone
Even the one who is on a thrown
In days we share as it seem
But no one can enter our dream

Helping the other is a gift
But do it swift
Look for each opportunity to be
A special person and see

Maybe today or tomorrow
When you are in sorrow
The Karma will set you free
And let your spirit flee

Just walk the way we suppose to do
Not to the right or left for you
Walk the middle line
And your life will be fine

Arnaud van der Veere

Karma
Wat je doet
Is toch goed
Je bent zuiver
En eerlijk
Geen gehuiver
Zelfs begerlijk
Waar wacht je op
Er is geen stop
Voortgang verder
Soms zonder herder
Los van het even
Zonder beven
Eigen benen
Geen lange tenen
Nieuw begin
Verse zin !

Arnaud

INTEREST

Honest the interest can be
But hardly we can see
The reflection in the eyes
So we must ask ourself is it wise
Is it possible to realize
Contact far over the sea
And not in next door tree

How I wanna talk to you
Maybe write you too
And have a drink or two

Want to get the same
Be sure it is no game !

Best regards,
Arnaud from Holland

I was dreaming of the past
Time has gone so fast
Sitting here and realise
Life has made me much more wise

Now I cannot be fooled around
I was searching till I found
The inner truth of harmony and freedom
Now I hope the best is still to come

Once my life was tears and crying
And my daily dream was dying
Just away from all the misery
Not any more a part of the industry

But than I met the light of my life
She came in the body of a wife
Not just a woman from some place
But from the Asian race

We sit down for hours long
And she teached me life in a song
To dreamland we were flying
Never looked back or trying

Than in a flash I knew
And suddenly I grew
My mind did open up for all
Now I am sure never to be afraid to fall

Gentle hands
Around my friends
Make life fine
To be mine
And share the faith
With whom I wait
For the happiness to come
Reserve for only some
So share my hand
And cross the land
Walk the road
And rivers float
For we may survive
And strive
To the final destiny
That is you and me

Arnaud van der Veere

Fastlane

Candy for a baby
Honey and some maybe
In the words of a man
Who thinks he can
Will give you a few
Of him and his crew
The days ahead
As he always said
Are filled with dream
You are his cream
But always when it seem
You broke his self-esteem
The macho return
Faster than he earn
The daily reward
From of the start
Is the man worth it
Or you only give a bit
Not all of your soul
So he must fight for his goal
To get a place in your head
And maybe even in your bed

Arnaud